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## STUDY OF MORALITY AMONG PLAYERS OF INDIVIDUAL AND COMBATIVE SPORTS



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**Abstract:** Morality has become one of the major part in sports psychology which should be given due consideration in games because it deals not only with feeling of sympathy but also for the respect of official, sportsmanship and moreover for respect of rules and regulation. However, whether morality differs from games to others is a matter of question that has to be found out. Morality is defined as an ethics based behaviour within the framework of rules and regulations of the game. Morality is a complex of concepts and philosophical belief by which an individual determines whether his or her actions are right or wrong. A "moral" may refer to a particular principle, usually as informal and general summary with respect to a moral principle, as it is applied in a given human situation. In detail morality means a confident resolute, willing, often self-sacrificing and courageous attitude of an individual to the function or tasks demanded or expected of him/her by a group of which he is a part that is based upon such factors as pride in the achievements and aim of the group, faith in his leadership and ultimate success, a sense of fruitful personal participation in its work, and a devotion and loyalty to the other members of the groups.

The purpose of the study was to compare the players belonging to individual and team sports in relation to Morality. The subjects were sixty male players of Interuniversity level, thirty from each category. Questionnaire of Dawn Slepae and David Layed Shield was employed to assess the morality among players. To compare the morality in different categories of sports 't' test was employed.

Findings revealed that there was no significant difference among the individual sports and team sports in relation to Morality.

**Key words:** psychological , psychomotor , technological ,sportsmanship.

### INTRODUCTION :

Sports demand various psychological demands upon sportsman because sport is a psychosocial & psychomotor activity. It has various dimensions, besides physical, physiological and technical aspects. In technological age of competition, the psychological preparation of a player is as much more important besides coaching the different skills and tactics of a game on the scientific platform. The players are prepared not only to play the game but also to win the games. Winning the games is not only the proficiency in the skills, physical fitness, tactical capacity that bring victory but more important is the spirit of the players or team with which they play and perform their best in the competition.

Morality has become one of the major part in sports psychology which should be given due consideration in games because it deals not only with feeling of sympathy but also for the respect of official, sportsmanship and moreover for respect of rules and regulation. But it is seen that varying level of morality exist among different sports groups or very among players due to individual differences. But this is yet to be established very objectively that, whether the cause of morality and the existence of variance in these two aspects

among different sports are more or less same. Morality is the principal law on which human behavior is based. This is very important to know or discuss from where this law is coming out either from outside or from inside consciousness of human. Morality coming from outside points a man what to do and what not to do. Individual morality originating from the inside is based on love, and can develop in the individual as a simple and natural state of pure consciousness. It is obtained through the liberation from mental delusions, a balance of powers and the growing up of the Spirit. The value of such morality is much higher than that, of the social morality dictated by an external authority. If a man is not in possession of internal harmony and has unbalanced powers raging inside him, it is useless to teach him to love and be kind. He will go on manifesting aggression until the actual source of unbalanced aggression bursts inside him and while the compressed springs of unvented powers of delusions exist in his consciousness. Therefore, one should strive to eliminate the misleading powers of such kind through the balancing of the powers by using real stabilizing exercises for internal rather than external morality.

**OBJECTIVE OF THE STUDY**

The objective of the study was to compare the morality among Sportsmen belonging to individual and combative sports.

**HYPOTHESIS**

It was hypothesized that there will not be any significant difference among the sportsmen belonging to individual spots and combative sports in relation to morality.

**PROCEDURE**

Sixty male players of University of Lucknow, Lucknow (U.P.) were selected as the subjects for the study. The age of the subjects was ranging from 19 to 27 years. These subjects were divided into two group's i.e. individual sports, and combative sports. Thirty subjects of individual sports were from athletics and thirty subjects of combative sports namely Judo, Boxing and Wrestling were selected randomly as a subject for this study. All the subjects have participated in Inter University competition of related game. Sports Morality Test (SMT) formulated by Dawn Slephae and David Layed Shield was employed for this study. To compare the morality among the sportsmen belonging to Individual and Combative players 't' test was employed. The level of significance was set at 0.05 level.

**FINDINGS AND DISCUSSION OF FINDINGS**

Data on morality was collected on sixty male belonging to Individual Sports and Combative sports who had participated in All India Intersarsity Championship in related sports. All the sixty subjects were divided into two categories, thirty in each two categories.

To find out the differences among both the group on their selected variable i.e. morality the data collected was analyzed using the mean, standard deviation and 't' test. The level of significance was set at .05 level.

The findings pertaining to Morality for both the categories have been given below:

**TABLE-1  
MEAN, STANDARD DEVIATION OF MORALITY  
BELONGING TO INDIVIDUAL AND COMBAIVE  
SPORTS**

GROUP	MEAN	STANDARD DEVIATION
Individual sports	67.40	4.12
Combative Sports	68.29	4.03

**TABLE-2  
COMPARISON OF MORALITY AMONG  
INDIVIDUAL SPORTS AND COMBATIVE SPORTS**

Sports	Mean (M)	DM	DM	't' ratio
INDIVIDUAL	67.40			
COMBATIVE	68.29	0.89	0.09	9.88

<sup>\*</sup>t<sub>.05</sub> (58=2.00)

The analysis of the data revealed that the morality of players of individual and combative sports differed significantly. These may be attributed to the fact that variability of their sports group, all the players perceived ethical behavior by nature of the game. The sportsman spirit in players compels them to play the game without providing any injury to the others players might be true for individual sports (Athletes) but in case of combative sports facts might be some different.

In the light of findings of the study the hypothesis that the individual sports and combative sports will have no significant difference in level of morality is rejected.

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