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GRT A STUDY ON OPINION OF COLLEGE PRINCIPALS TOWARDS DECLINE IN WOMEN SPORTS PARTICIPATION

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Abstract:-The purpose of the study was to assess the opinion of college principals regarding decline in sports participation at intercollegiate women competition. The study was conducted on 30 Degree Colleges principals affiliated to Bangalore University, Bangalore, Karnataka. The Opinionnaire pertaining to identification of factors for decline in sports participation prepared by the researcher was used for the present study. The Chi-square statistical technique was adopted for the present study. It was concluded that there was significant relationship of principals' opinion towards sports facilities for women and their sex, but interest, supervision during practice sessions, organizing competitions at college levels factors are not found significantly. Overall the opinion of principals that adequate sports facilities for women separately, interest, supervision during practice sessions and more importance from the side of management and principals are the main factors for decline in sports participation of women at intercollegiate levels.

Keywords: Decline, sports participation, competition

1. INTRODUCTION:

Physical Education in the present day world has achieved its due recognition as a part of the system of education. It tries to achieve the objectives of education through meaningful programme off well planned activities. A programme of physical education offers opportunity in competitive situations for physical, social, emotional and moral development. In addition, it offers the man and the woman an opportunity to inculcate skills of carry over values that could be used at later stages of life, for the worthy use of leisure. Indian woman in competitive sports are far behind their western counterparts from the point of view of either participation or achievement. This poor record might be attributed to the Indian traditions and customs which even today are ruled by age old belief based on superstitions rather than scientific principles. The Indian society believes that biological factors like menstruation, pregnancy will negatively influence the personality when women actively participate in competitions.

It has to be accepted that the achievement of Indian women in the field of sports- National and International are negligible. The changing pattern of thinking in the modern era and the new life the women's inter-national year has infused in the society, has led to the realization about the need and values of a sound programme of sports. In recent times women are increasingly participating in competitive sports. Through regular routine of vigorous scientific training, a steady progress has been maintained by the women of modern times in the field of competitive sports. The enthusiasm for active participation in the field of sports, through which women attain recognition and extra status in the society, has led to the increased popularity of competitive sports in general and the standard in women sports in particular. It is also to be noted that agencies like Government, sports organizations and the other voluntary agencies are giving a big helping hand to encourage women sports in India.

Universities form the nucleus for a effective training ground to explore the best of talents in the field of sports. If our women are to achieve a better standard in the field of sports, universities should offer a well planned programme of physical education and sports comprising of sufficient playfields, educationally and professionally trained sports teachers and coaches, modern equipments and the much needed encouragement from the society and the government. There is absolutely no doubt that once enthusiasm among women is created to participate in sports the proper base is established and the quality will

automatically follow in its wake. Karnataka state is greatly interested in sports activities and its promotion. The state holds a remarkable place among other states and also at National level in the field of sports and games, recognizing the needs of sports, it provides better facilities to raise the standard of sports in the state. The state has been also issuing from time to time certain circulars through the educational department requesting schools and colleges to provide better facilities and to make use of the existing facilities to its maximum. Bangalore, the capital city of Karnataka, is considered the cradle of sports in the state. The researcher's interest was aroused to identify the factors for decline in sports participation of women at degree colleges level. The purpose of the study was to know the opinion of college principals towards decline in sports participation at intercollegiate level.

2. REVIEW OF RELATED LITERATURE

The main purpose of this review of related literature is to have more knowledge and clear insight of the overall field. The researcher traces out different types of research like thesis, journals, relevant books on women sports and magazines.

Singh; Singh and Yadav (2013) studied to locate the causes of poor participation of women in games and sports. 20 physical education sports personnel/teachers of Varanasi and 30 women players from different games and sports from the different faculty/colleges of Banaras Hindu University were selected for present study. Through questionnaire consider five factors namely were sociological point of views, psychological point of views, physiological point of views, economical point of views, and other point of view on which opinion of girl players and athletes were asked. In addition to general descriptive statistics- mean and percentage were used for analysis of data. Women participation in games and sports was mostly affected by sociological factors, economical factors. The psychological factors, physiological factors, other factors (such as political, cultural and religious) were not affecting the women to participate in games and sports.

Verma (2007) studied on parental influence and women sports participation in Haryana that the attitude of parents regarding female participation is very much negative. Though, the girls have desire to participate in sports but it depends upon the attitude of parents of the girl and normally it has more weight over their natural desire for participation. But this same attitude does not stand in the way of the boys of the same parents. This is very contradictory and conservative approach which girls faced and live in the family in terms of parent's different treatment to the girls in their own home.

Xhakaza, (2005) in her dissertation on Psychosocial Factors that Influence Female Sport Participation in Secondary Schools points out that females of continue to be poorly represented in sport as participants. The study sets out to determine the different psychosocial factors that influence female sport participation in the high school milieu. This study provides knowledge on understanding of the phenomenon of participation and non-participation of high school girls. According to study several factors were identified which influence and works determinants on which girls decide to participate or not to participate in sport and these can be identified as financial position, family support, career opportunities, stereotypes about female sport participation along with physiological nature of females the sense of self-esteem, ability, motivation and need for recognition; the coaching preferences and how well females can get the recognition over their male counterparts. This study is an outcome of the realisation of the fact that females in South Africa were generally poorly represented in the world of sport on different levels from top to down to schools. The study indicated and awaked about the influence of negative impact of certain psychosocial factors which should be treated by psychologists, sport educators, coaches, administrators, sport organizations and the government to develop specific plan to promote female participation in sport.

3. PURPOSE OF THE STUDY

The purpose of the study was to know the opinion of college principals towards decline in sports participation at intercollegiate level.

4. SIGNIFICANCE OF THE STUDY

This study may reveal the effectiveness of the organization in physical education and sports, to motivate the participation and better performance by women of the university in the field of sports. This study may bring to light the measures taken by the organization of physical education and sports to improve the standard of women sports. This study enables to suggest measures to improve the standard of women sports in the university level.

5. OBJECTIVE OF THE STUDY

To assess the opinion of college principals regarding decline in sports participation of women at intercollegiate competition with respect sex.

6. HYPOTHESIS OF THE STUDY

It would be hypothesized that there would not be significant difference in the opinion of college principals towards decline in sports participation of women at intercollegiate competitions with respect to their sex.

7.METHODOLOGY :

Method : The present research is an exploratory research.

Selection of Sample: The study was conducted on 30 college principals of degree colleges affiliated to Bangalore University, Bangalore, Karnataka.

Selection of Variables : The variables selected for the study were Principals opinion towards decline in sports participation of women at intercollegiate competitions and sex.

Research Tool : The Opinionnaire pertaining identification of factors for decline in sports participation prepared by the researcher was used for the present study. By administering Opinionnaire, it was possible to know their opinion regarding decline in women sports participation. The data was collected through survey method.

Statistical Technique: The Chi-square statistical technique was adopted for the present study.

8.ANALYSIS AND DISCUSSION OF RESULTS

Table-1. Table shows Relationship between sex and degree colleges Principals' Opinion towards Decline in Sports Participation of women at intercollegiate competitions.

Sl. No.	Areas	Opinion	Male		Female		Total		Chi-square
			N	%	N	%			
1.	Interest in Sports and Games	Yes	16	53.3	8	26.7	24	80.0	0.64 ^{NS}
		No	5	16.7	1	3.3	6	20.0	
2.	Sports Facilities available	Adequate	14	46.7	4	13.3	18	60.0	1.30 ^{NS}
		Inadequate	7	23.3	5	16.7	12	40.0	
3.	Adequate Separate sports facilities for women	Yes	18	60.0	3	10.0	21	70.0	8.23*
		No	3	10.0	6	20.0	9	30.0	
4.	Sports room facilities	Yes	16	53.3	7	23.3	23	76.7	0.009 ^{NS}
		No	5	16.7	2	6.7	7	23.3	
5.	Supervision during practice sessions	Yes	16	53.3	5	16.7	21	70.0	1.28 ^{NS}
		No	5	16.7	4	13.3	9	30.0	
6.	Importance of Intercollegiate sports competition	Yes	15	50.0	7	23.3	22	73.3	0.13 ^{NS}
		No	6	20.0	2	6.7	8	26.7	
7.	Organizing intercollegiate tournaments	Yes	14	46.7	7	23.3	21	70.0	0.37 ^{NS}
		No	7	23.3	2	6.7	9	30.0	

* Significant at 0.05 level; NS Not Significant

From the table-1 revealed that the relationship of Opinion of Principals' towards decline in sports participation at intercollegiate women competitions with respect to their sex. This implies that there is a significant relationship of Principals' Opinion towards adequate sports room facilities for women and sex. The calculated value of c2 (8.23) is greater than the table value of c2 (3.84) at P = 0.05, df=1. This implies that there was relationship between Opinion towards adequate sports room facilities for women and their sex. No significant relationship of sex with opinion towards interest, sports facilities, sports room facilities, supervision during practice sessions and organizing intercollegiate tournaments. The calculated values of c2 (0.64, 1.30, 0.09, 1.28, 0.13 and 0.37) are less than the table value of c2 (3.84) at P = 0.05, df=1.

It was found that 20.0% (16.7% male and 3.3% female) of the principals opined that they do not have interest in

sports and games. 40.0% (23.3% male and 16.7% female) principals opined that the colleges have inadequate sports facilities. 23.3% (16.7% male and 6.7% female) principles opined that they need adequate sports facilities. 30.0% (16.7% male and 13.3% female) principals opined that they do not supervising during practice sessions. 26.7% (20.0% male and 6.7% female) and 30.0% (23.3% male and 6.7% female) principals opined that they are not giving more importance to the sports and not organizing intercollegiate tournaments. 30% of the female principals opined that they do not have adequate facilities in their colleges.

9.CONCLUSION

It was concluded that there was significant relationship of principals' opinion towards sports facilities for women and their sex, but interest, supervision during practice sessions, organizing competitions at college levels factors are not found significant relationship with sex. It may be due to lack of fund, lack of facilities, lack of interest and moral support for sports women. Overall the principals opined that adequate sports facilities for women separately, interest, supervision during practice sessions and more importance from the side of management and principals are the main factors for decline in sports participation of women at intercollegiate levels.

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