Vol III Issue IX March 2014

Impact Factor: 1. 9508(UIF) ISSN No:2231-5063

International Multidisciplinary Research Journal

Golden Research
Thoughts

Chief Editor
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Publisher Mrs.Laxmi Ashok Yakkaldevi Associate Editor Dr.Rajani Dalvi

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IMPACT FACTOR : 1. 9508(UIF)

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RNI MAHMUL/2011/38595

ISSN No.2231-5063

Golden Research Thoughts Journal is a multidisciplinary research journal, published monthly in English, Hindi & Marathi Language. All research papers submitted to the journal will be double - blind peer reviewed referred by members of the editorial board. Readers will include investigator in universities, research institutes government and industry with research interest in the general subjects.

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Golden Research Thoughts ISSN 2231-5063 Impact Factor: 2.2052(UIF) Volume-3 | Issue-9 | March-2014 Available online at www.aygrt.isrj.net





GRT MALNUTRITION IS PROBLEM OF KORKU TRIBE WITH REFERENCE TO MELGHAT IN MAHARASHTRA

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Abstract:- When we think about Korku tribes we are curious about their life style, culture, religions behaviour, festivals etc. This tribe lives in forest, valleys as well as an mountains. As they live in such region, they can not get facilities as we enjoy and there is no development as we see in cities. There is illiteracy and superstition is much quantity from the research made until today it is seen that many such tribes in India has the same condition. There are some tribes live in India like Sathal, Gond, Khasi, Goro, Toda, Korku etc.

Keywords: Malnutrition, social, economic, communication.

INTRODUCTION:

There are total 250 tribes live in India today. India has decided to become a Super Power in 2020 and these tribes haven't yet developed on the country they are facing many problems. There are many social, economic, cultural, educational and health problems. Due to poverty, superstition and lack of education they are facing many problems related to health. As they live in distant area means of communication can't reach there lack of medicine facility and indifferent people about such facility have increased the problems of health.

Malnutrition is widely seen problem in Korku tribe. 40% children of the total children suffering from malnutrition in the world live in India done. In India 420% children are born of low weight and in Maharashtra this percentage 35. In India the states like Rajasthan, U.P., M.P., Orisa, Bihar and Maharashtra are malnutrition.

It is registered in govt. record that in Dharani and Chikhaldara tehsil of Amravati district in Maharashtra 11237 children died in 21 years. The Maharashtra government also awoke when it read in the newspaper about the death of 50 Korku children in 1993. This death of children occupied first in Susarda, Kharya and a Tembha villages of Dharani Tehsil. The ratio of death of foetus is 45.05 per 1000 children and the death rate of children between 0 and 06 is 11 to 20 per 1000.

What is Malnutrition – The imbalance of height and weight according to age is called as malnutrition.

This starts right from the womb of a mother. If a mother is malnutritioned, the foetus also becomes malnutrined. If a mother doesn't get iron, calcium and other nutritions in proportion the foetus also becomes malnutritioned takes birth with less weight. In such a situation if a mother doesn't feed her child, it falls a prey to many diseases like Pnumonia, loose motion etc. In such cases there is every possibility of a child dying within 15 to 35 days from birth. As per the new ratio 500 calories and 12 to 15 gram protein should be given to a mother. To a pregnant lady 600 calories and 18 to 20 gram proteins should be given but the children in Korku of Melghat can't get this much food. This rate of child death is higher in Dharani, Chikhaldara, Gadchiroli, Chandrapur and Thane districts.

In Melghat near about 5800 children have become malnutritioned. June to September is the duration in which maximum malnutritioned children die.

Symptoms of Malnutrition

- 1) Decrease in weight.
- 2) Swelling on the body.
- 3) Growth of the body stopped.
- 4) Body becomes weak.
- 5) Extra growth of hands, legs, and stomach.
- 6) Feeling tirdness while walking.
- 7) Problems in sleep and digestion system.

Sanjay Salivkar, "MALNUTRITION IS PROBLEM OF KORKU TRIBE WITH REFERENCE TO MELGHAT IN MAHARASHTRA", Golden Research Thoughts | Volume 3 | Issue 9 | March 2014 | Online & Print

REASONS-

The living style of Korku in Melghat is very simple. There are many reasons behind malnutrition. Most important is that this tribe is illiterate and superstition. This is the reason that they don't have much knowledge of medicine. Due to the extreme poverty the mother and her child can't get sufficient food. Even a mother is not given sufficient food when she needs most. If she eats much, she is afraid of stoppage of the growth of child in stomach. The period of 6 to 24 months is dangerous for children. Affected by traditions the Korku tribe doesn't feed their children when it is necessary. This is the reason that their children are malnutritioned. In Melghat there is a lack of cleanliness. People go for laterine on open space, they don't wash hands and legs after laterine, old people are also addicted to some bad habits. They spend money to fulfil their addictions but don't spend on the education and health of their children. Following are some more important reason for the malnutrition.

- 1) The marriages of girls are done when they are not fully grown.
- 2) Recurrent child birth and less distance between two child births.
- 3)Due to medical treatment by Bhumka and Bhagat.
- 4) Ignorance about child's vaccinaiton.
- 5) During pregnancy period most of the women don't consult doctors.
- 6) Drinking polluted water.
- 7) Lack of means of transportation.
- 8) Not feeding child on breast within one hour of its birth.
- 9) Poverty of Korku.
- 10) Deficiency of hemoglobin in mother during pregency period.

SIDE EFFECTS-

- 1)Due to Malnutrition many children die.
- 2) Their I.Q. is law.
- 3) Working capacity of children is less than needed.

DEATH RATE OF TRIBAL CHILDREN IN MELGHAT

Years 1993 1194 1995 1997 98 99 2000 2001 2002 2003 04 05 06 07 08 09 10 11 12 13 Death 1150 1098 855 970 750 790 575 500 500 495 500 470 510 495 450 470 515 510 421,499

REVIEW OF LITERATURE

In this book the Korku tribes (1990) Dr. S.G. Deogonkar wrote that Bhumka and padiyal are the Gurus in that Korku tribe. If the is ill he is treated by Bhumka. Bhumka does some religious rites while treating them.

OBJECTIVES

- 1)To examine economical status of Korku women.
- 2)To examine the age of marriage.
- 3)To examine the situation of vascination.
- 4)To examine the medical treatment of women.
- 5)To examine the diseases of mothers.

METHODOLOGY-

The data was collected at the location of Melghat region of Amravati district in Maharashtra with the of primary and secondary sources such as interview schedule and magzine, novels, cences reports. Without methodology in scientific research we do not know and what facts togethers, we can not determine near facts. The researcher he self is working on tribal area since last 15 years. Hence subject analysis of malnutrition of Korku children in Melghat region.

The present study is an effort to analyze the malnutrition of Korku tribe in Melghat region. Sample chosen for this study is Melghat while 105 mother were selected with the help of satisfied sample method.

MAJOR FINDINGS

- 1) If we consider the age of marriage of ladies, 71% was between 15 and 17.
- 2)Most of the mothers are labour, and many are charwomen so they cant pay attention on the education of their children.
- 3)Near about 81.05% children are not vaccinated immediately after birth.
- 4)95% children were enchanted by Bhumka.

- 5) Most of the parents perform religious rites to cure their children's diseases. So the disease increases instead of decrease.
- 6)92.5% families don't have means of transportation.
- 7)96.5% mother believe in religion and Bhumka.
- 8) When researcher examined the economical condition. It is found that 96.5% families had poor condition.
- $9)92.50\%\ mal nutritioned\ children's\ mothers\ are\ also\ addicted\ by\ some\ diseases.$

REMEDIES

- 1) Children should be vaccinated instantly.
- 2)Korku women should be given education.
- 3)Girls should not marry in law age.
- 4)Korku children should be given proper diet.
- 5)Social workers should give information to the Korku women.
- 6)Pregnant women should be checked regularly.

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