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## SELF CONFIDENCE OF COLLEGE STUDENTS

**A. P. Joshi**

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**Abstract:**-In this study, conducted in Dhule city of Maharashtra state, the investigator tried to find out the Self-Confidence of college students, and found that, in all groups, near about 50% students have average level of self-confidence. In comparison with other groups high level of Self-Confidence is found in the group of female only. Also it is concluded that there is no significant mean difference in the Self-Confidence of male and female students and students of open class and backward class category.

**Keywords:**Self Confidence , investigator tried , backward class category.

### INTRODUCTION :-

The personality pattern is a unified multidimensional structure, in which the concept of self is the core or centre of gravity. The personality traits are closely related to and influenced by the concept of self. Self-Confidence is one such personality trait. The self is a composite of a person's thoughts and feelings, strivings and hopes, fears and fantasies, his view of what he is, what he has been, what he might become, and his attitudes pertaining to his worth. Self-Confidence is a positive attitude of oneself towards one's self concept. It is an attribute of perceived self. Self-Confidence refers to person's perceived ability to tackle situations successfully without learning on others and to have a positive self-evaluation. In general terms, Self-Confidence refers to an individual's perceived ability to act effectively in a situation to overcome obstacles and to get things go all right. A Self confident person perceives himself to be socially competent, emotionally mature, intellectually adequate, successful, satisfied, desire optimistic, independent, self-reliant, self-assured, forward fairly assertive and having leadership qualities.

Many factors affect the development of self-confidence. Parents' attitudes are crucial to children's feelings about themselves, particularly in children's early years. When parents provide acceptance, children receive a solid foundation for good feelings about themselves. If one or both parents are excessively critical or demanding, or if they are overprotective and discourage moves toward independence, children may come to believe they are incapable, inadequate, or inferior. However, if parents encourage children's moves toward self-reliance and accept and love their children when they make mistakes, children will learn to accept themselves and will be on their way to developing self-confidence.

In college life students make their own friend circle. Friends' influences can be as powerful as, or more powerful than those of parents and society in shaping feelings about one's self. Students in their college years re-examine values and develop their own identities. So it is necessary to study the Self-Confidence of college students.

### OBJECTIVES:

- 1) To measure Self Confidence of college students.
- 1)To compare the Self Confidence of male and female students.
- 2)To compare the Self Confidence of students of open class category and backward class category.

### NULL HYPOTHESIS:

- 1)There is no significant mean difference in Self Confidence of male and female students.
- 2)There is no significant mean difference in Self Confidence of students of open class category and backward class category.

**Methodology:**

The present study is survey type study.

**Sample:**

111 college students from one senior college of Dhule city of Maharashtra state were selected for the study. College and students were selected randomly.

**Tool:**

Self Confidence Inventory, developed by Dr. Miss Rekha Agnihotri was used for the study. The Inventory contains 56 items with two responses, Yes and No. The test-retest reliability of the inventory 0.91.and the validity is 0.82

**Procedure:**

The test is in Hindi. First it was translated in Marathi. Colleges and students were randomly selected. Before administration of test, all necessary instructions were given. Items were scored as per the instructions given in manual. Different groups and tables were prepared. For further interpretation mean, standard deviation and t-test was applied.

**RESULT AND DISCUSSION:**

**Table 1**  
**Classification of College Students with respect to Self Confidence.**

No	Self Confidence	Frequency and Percentage				
		Total Group	Male	Female	Open class Category	Backward class category
1	Very high	10(09.01%)	03(13.04%)	07(07.95%)	05(09.09%)	05(08.93%)
2	High	42(37.84%)	08(34.78%)	34(38.64%)	24(43.64%)	18(32.14%)
3	Average	54(48.65%)	10(43.48%)	44(50.00%)	25(45.45%)	29(51.79%)
4	Low	03(02.70%)	01(04.35%)	02(02.27%)	01(01.82%)	02(03.57%)
5	Very low	02(01.80%)	01(04.35%)	01(01.14%)	00	02(03.57%)
	Total	111(100%)	23(100%)	88(100%)	55(100%)	56(100%)

From Table-1, it is concluded that, in total group, 10 students out of 111 (i.e. 09.01%) students have very high level of self-confidence, 42 students out of 111 (i.e. 37.84%) students have high level of self-confidence, 54 students out of 111 (i.e. 48.65%) students have average level of self-confidence, 3 students out of 111 (i.e. 02.70%) students have very low level of self-confidence, and 2 students out of 111 (i.e. 01.80%) students have very low level of self-confidence. In the group of male students, 10 out of 23 (i.e. 43.48%) students have average level of self-confidence. In the group of female students, 44 out of 88 (i.e. 50.00%) students have average level of self-confidence. In the group of open class category students, 25 out of 53 (i.e. 45.45%) students have average level of self-confidence. And In the group of backward class category students, 29 out of 56 (i.e. 51.79%) students have average level of self-confidence.

**Table 2**  
**Comparison of College Students with respect to the Self Confidence.**

No	Group	N	Mean	S.D.	T-Value	Level of Significance
1	Male	23	19.17	10.65	0.242	Non-Significant
	Female	88	19.75	08.48		
2	Open Class Category	55	18.53	07.88	01.30	Non-Significant
	Backward Class Category	56	20.71	09.73		

Level of Significance=0.05

From table-2, it is found that, t-value=0.242 which is Non-significant at 0.05 level. Hence the null hypothesis (1) is accepted. It is concluded that there is no significant mean difference in the Self Confidence of male and female students. From table-2, it is found that, t-value=01.30 which is Non-significant at 0.05 level. Hence the null hypothesis (2) is accepted. It is concluded that there is no significant mean difference in the Self Confidence of students of open class category and backward class category.

**CONCLUSIONS:**

In all groups, near about 50% students have average level of self-confidence. In comparison with other groups high level of Self-Confidence is found in the group of female only. Also it is found that there is no significant mean difference in the Self- Confidence of male and female students and students of open class and backward class category.

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