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#### **SELF INSTRUCTION**

#### Radhika Inamdar

**Abstract:-**Self instruction is an instructional strategy. Instructional strategy means "A Strategy which describes the general components of a set of instructional material and the procedures that will be used with those materials to elicit particular learning outcome."

 $\textbf{Keywords:} instructional\ strategy\ , instructional\ material\ , teaching\ learning\ methodologies\ .$ 

#### **INTRODUCTION:-**

If a teacher would like to make every lesson successful he or she must do one thing, include variety of teaching learning methodologies in every lesson. If variety is spice of life, then fill your lessons with lots of spice as you incorporate multiple teaching strategies.

One of the most important Strategies in the era of information and communication technology is self Instruction. It was first stated in the report known as 'Learning to be' by Edger For in 1972. He stated that, "Self Instruction that includes a variety of practices enables a student to formulate his own problems, find answers through systematic procedures of reference work, hypothesizing, experimenting field work etc.

#### **NEED OF SELF INSTRUCTION:**

Today self Instruction as become necessary not only for higher studies but also at school level.

The students should administer this strategy because –

1) Explosion of Information and knowledge- Every day the world of knowledge is expanding. New information and technique are arriving on the front of Education, Computers especially 'Internet'. To get all these information students cannot only depend on the teacher or the school.

To become fit and update in this dynamic world the student has to have knowledge and information about every field of life e.g. sports, politics, History, Geography, Environment, Cultures and many all field. To keep him update and informative student has to apply the strategy of self Instruction.

- 2) Explosion of population: Day by day the number of students in the classroom is increasing. Previously there were 30 to 40 students in the class but now in aided school, the number has been raised up to 80 to 90 students in one class. It becomes very difficult for the teacher to manage the class and it becomes highly impossible to pay personal attention to each and every student. To get a clear understanding of a subject the student has to learn on his own.
- 3. School timings are limited and both teacher and student has do many other co curricular and extra curricular activities in the school, that is why study done in the school is not sufficient.
- 4. Student does not get extra time to practice or reinforce the knowledge which he has got in the period. For the purposes i.e. to get deep knowledge and for fixation of knowledge student has done self learning.
- 5) Single teacher or school: In India we often found single teacher school in rural or Tribal areas. The teacher in such type of school has to manage or handle many students at the same time and in the same classroom. For example, at the same time the

Radhika Inamdar, "SELF INSTRUCTION"
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teacher is taking class of First Std., 2nd and 4th or 3rd. In this situation the self Instruction strategy help the teacher and student to get knowledge of a particular subject.

Self Instructions that includes a variety of practices enables a student of his own to formulate problems, find answers through systematic procedures of reference work, hypothesizing, experimenting, field work etc.

#### $Steps \, involved \, in \, self \, instruction: \,$

#### 1) **READING**:

The first step student has to take is to read as many books as he can read to get knowledge, sources, Library, Internet.

#### 2) RECITING:

The student should recite the matter in his mind again and again to remember it for long time i.e. fixation of knowledge.

#### 3) REVIEW:

Whatever efforts the student has made to collect information or to get knowledge he has to review the efforts for a while, with this reviewing the student will came to know where he stands? How much effort still he has to take to make him update: - A kind of introspection.

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