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## SOCIAL ADJUSTMENT OF WORKING AND NON-WORKING WOMEN

**Jayant J. Parmar**

Ph.D. Student , Pacific University, Udaipur, Rajasthan.

**Abstract:-**The present study is to find out the difference in the Social Adjustment of working and non-working Women in Ahmedabad District. The sample consisted of 120 Women. Out of which 60 were working Women and 60 were non-working Women. For this purpose of investigation “Social Adjustment Inventory” by Dr. R. C. Deva was used. The obtained data was analyzed through ‘t’ test to know the mean difference between working and non-working Women. The results show that there is no significant difference in social adjustment, social maturity and emotional adjustment level of working and non-working Women.

**Keywords:**Social Adjustment , Working And Non-Working Women.

### INTRODUCTION

Day by day modern social life is becoming complex. Man always tries to adjust himself in the structure of social life. Man has to adjust himself within geographical and social conditions; he has also got to adjust himself with different aspects of life, family, school, friends and married life.

Every one’s life is subject to time, circumstances and conditions, for maintaining his survival man has to adjust himself to his conditions and for that he makes a conscious attempt. How will man adjust to environment depends on the psychological system by and largely depends on the nature and characteristics of his emotional make-up. It continues from birth to death. Whether a man life will be good or bad, or his personality will be co-operative or non co-operative, whether he will-be successful and unsuccessful depends on his adjustability.

Generally the social life of a person is reflected in his speech, behavior and disposition. Social Adjustment reflects a person’s shyness and its intensity. Self-dedication, Introversion or extroversion. To what extent a person is deviated is reflected in his emotional adjustment, frustration. The present study is done with a view to finding out the Social Adjustment of working and non-working Women in Ahmedabad.

### OBJECTIVES:

The purpose of the present investigation was social and emotional adjustment and social maturity of working and non-working Women how is it being investigated through this study.

### HYPOTHESIS:

- (1)There is no significant difference in the social maturity of working and non-working Women.
- (2)There is no significant difference in the Emotional adjustment of working and non-working Women of Ahmedabad.
- (3)There is no significant difference in the Social Adjustment of working and non-working Women of Ahmedabad.

**METHOD:**

**(A)SAMPLE:**

The sample of the present study consisted of 120 working and non-working Women, both living in Ahmedabad District.

**(B)TOOL:**

In the present study to measure Social adjustment, "Social Adjustment Inventory" by Dr.R.C.DEVA was used which is a very reliable tool in this inventory.

**STATISTICAL STRATEGY:**

't' test was applied to know the significant differences between social and emotional and adjustment and social maturity levels of working and non-working Women.

**DISCUSSION:**

**Table-I: Social Maturity of Working and Non-working Women**

GROUP	N	MEAN	S.D.	't' Value	Level of sign.
Working Women	60	42.21	20.38	0.31	NS
Non-working Women	60	43.58	16.55		

Table no. I shows the Social maturity of working and non-working Women for the working Women the mean is 42.21 and for the non-working Women the mean is 43.58 and S.D. is 20.38 and 16.55 for both group 't' level value is 0.31 which is not significant.

**Table-II: Emotional Adjustment of Working and Non-working Women**

GROUP	N	MEAN	S.D.	't' Value	Level of sign.
Working Women	60	34.85	14.36	1.69	NS
Non-working Women	60	39.24	19.73		

Table no. II shows Emotional adjustment of working and non-working Women for the working Women the mean is 34.85 and non-working Women the mean is 39.24 and S.D. is 14.36 and 19.73 for both group 't' level value is 1.69 which is not significant.

**Table-III: Social Adjustment of Working and Non-working Women**

GROUP	N	MEAN	S.D.	't' Value	Level of sign.
Working Women	60	92.09	32.92	1.08	NS
Non-working Women	60	99.85	34.11		

Table no. III shows the Social Adjustment of working and non-working Women for working Women mean is 92.09 for the non-working Women the mean is 99.85 and S.D. is 32.92 and 34.11 for both group 't' level value is 1.08 which is not significant.

**CONCLUSION:**

- (1)There was no significant difference between working and non-working Women regarding social adjustment.
- (2)There was no significant difference between working and non-working Women regarding social maturity.
- (3)There was no significant difference between working and non-working Women regarding emotional adjustment.

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**Jayant J. Parmar**

Ph.D. Student , Pacific University, Udaipur, Rajasthan.

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