

## HkfDr dkjy dsdfo; ksal xqk , oafuxqk HkfDr /kjke jI kRed fcEc

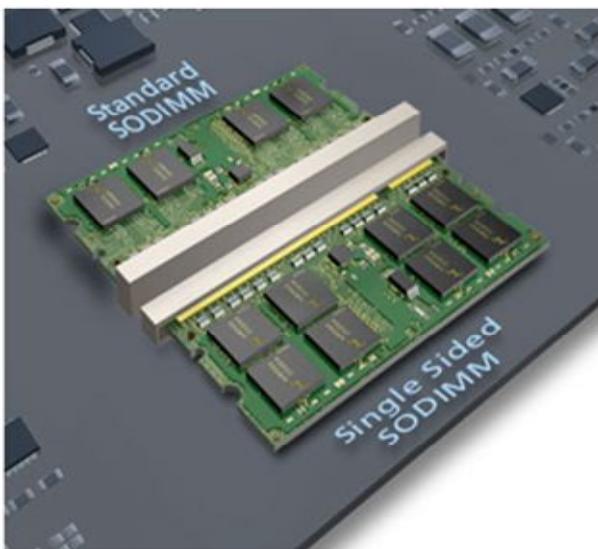


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i DDrk %fgUnh] jk-b-dk ukjk; .k uxj fl ukbZ]ft yk pekyh x<oky  
MnRrjk[k. MVA

### Authors Short Profile

Mohan Singh is working as a Lecturer at Department of Hindi in Ra.E.Ka. Narayan Nagar Sinai, Chamoli Gadwal, Uttarakhand. He has completed M.A., B.T.C., B.Ed., NET. He has teaching experience of 15 years.



### I kjkak

Hkkj ro"kl e; ou vkde.k dkfj ; k d  
vkxeu l s jkt uhfrd] l kekfd] vkkfkl  
vkfn fLFkfr; k i j foi jhr i Hkko i Mus yx  
x; k FkkA bu HkkdkUrkvks us noky; k dks /od  
dj ds ; gkW dh l kldfrd vkj /kkfeld  
ekU; rkvkij dBkj k?kkr vkj Ekk dj fn; k FkkA  
l keukFk ds efUnj dks egen xt uoh us , d]  
nks ckj ugh oj u l =kg ckj yMKA ; g l c  
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fo' okl MxexkusyxKA

ns k esed yekukdk jkT; i frf"Br gks t kus i j fgUnit urk dsAn; e; xk; o] xo; vkJ  
mRI kg dsfy, og vodk'k u j g x; kA fgUnwdsI keusgh ml dsno eflnj fxjk, t krsFkA  
no efrz k rkmh t krh Fkh vkJ i IT; i q "k;k dk vi eku gksk FkkA vkJ os dN Hkh ugh dg  
l drsFk vkJ u gh fcuk yfTtr gq l µ gh l drsFkA vkkspydj tc eLye l ketT; nj  
rd LFkkfi r gks x; kA rx i j Lij yMus okys Lor;k jkT; Hkh ugh j g x, A brus Hkkj h  
jkt uhfrd myVQj ds i hNs fgUnit u l enk; i j cgr fnuknd mnkl h l h NkbZj ghA

## ιζλρκουκ

vi uh i ks "k ' kfDr I sgrk' k tkfr dsfy, Hkkoku dh ' kfDr vkJ d: . kk dh vkJ /; ku ys t kusds vfrfj Dr nI jk dkbllekx lugl FkkA , s l e; eI exzHkkj r eI, d vkJnksyu l rk } kj k fd; k x; kA t ks HkfDr dky ds: i eI t k u k t krk gA ; g ns k0; ki h vkJnksyu i nOz l s i f' pe vkJ mRrj I snf{k. k rd l r] egkRekvkJ HkfDr vkJ Kkfu; kauspyk; kA bl I st urk dsAn; eI vkJFkk dk nh i d i Tt ofyr gkdj ?kuk vkJdkj NWWusyxkA HkfDrdrkyhu l kfgR; dh fo' kskrkvkJ s i Hkkfor gkdj fo}ku bl s fgUnh l kfgR; dsLoxI; x dh l Kk I s foHkifkr dj rsgA

## **HkfDrdrky dsdfo; kæal xqk , oafuxjik HkfDr /kj k eaj | kRed fcEc**

vkJndky dh dfork j kT; kfJ r dfo; kdh nu Fkh yfdu bI k dh 14oh ' krkcnh l s i nOz gh fgUnh dk0; /kj k eI, d uohu i fj ohu i kj Ehk gvkA dfo; kausj kT; kJ; dh fpUnk l seDr gkdj bI oj ds i fr vi uh bPNk , oavkJFkk dh HkkoukvkJ dks0; Dr dj us dk i z kl fd; kA Hkkxor /keZdsipkj vkJ i z kj dsQyLo: i HkfDr vkJnksyu dk l Hkkj kr gkusyxk vkJ vKxs pydj fgUnh l kfgR; ds bfrgkI eI HkfDrdrky\* ds uke l s t k u k t k u s yxkA ykdktje[ kh i ofRr ds dkj. k rrRdkyhu HkfDr Hkkouk ykd i pfyr Hkk"kkvkJ eI Hkh vfhk0; fDr gkusyxhA nf{k. k l sj kekuq i ofRr vpkp; ZHkfDr dh ft l i fo=k Hkkouk dksyk, og vupdy i fj fLFkfr i kdj i Yyfor gkusyxhA

HkfDrdrky dk vkJ Ehk fnYyh dsI Mrku fcu rkyd ds' kkl udky eIgkusyxk FkkA

HkfDrdrky eI nf{k. k Hkkj r eI vud nk' kfud fl } kUr i ui j gs FkA mu nk' kfud fl } kUr ds vkJkj i j mRrj eI l j y HkfDr&Hkkouk dk j kekuUn rFkk cYyHkp; l ds chtkj k . k fd; kA l kEi nkf; d vU/kfo' okl ds ekf/kD; l s < vkJ vkJMEcj kdh i pI rk ds dkj. k i ki dh dyf"kr Hkkouk, Wt kj k i j FkhA i f. Mr vkJ ekSyoh /keZ dh euekuh 0; k[; k dj dsfgUn vkJ bLyke /keZ dks i j Li j foj k/kh cuk j gs FkA /keZpkj ds uke i j vukpkj vkJ feF; kpkj i ui us yxk FkkA , s l e; eI' kkl dks dh fopkj /kj k pkgs dN Hkh j gh gkA i j Urq tul keku; vkJ eI yeku l Ur ' kfDr ds vfhkjk"kh FkA bl fy, mUgkus vi us fopkj ks dks Hkkj rh; rd i gbusdk vFkd i z Ru fd; kA

fuxjik HkfDr /kkj ej cge ½bl oj ½ dsfuj kdkj Lo: i dh mi l uk dh fof/k vi ukblxbA fuxjik HkfDr dfo fuxjik cge e fo' okl dj rs gA Hkj r e fuxjik HkfDr /kkj k l rr i vkg' kfjyuh j gh gA ft l dk l e; & l e; i j vud l Ur vkg egkrek i fri knu dj rs vkg, l k/kuk i {k dksyad pky i eqk ekxli pfyr FkA

#### 1- ; kx ekxz

#### 2- delezxz

#### 3- Kku ekxz

#### 4- HkfDr ekxz

; kx ekxz vkg delezxz dk ck) /kez rFkk ukFki Fk e l eko k gks x; kA ft l dk l efJor Lo: i fuxjik kki kl uk ds: i e eqk j r gmk HkfDr dky e fuxjik HkfDr /kkj ds nks: i gekjs i {k vkrsgA

### ½d½KkuJ ; h 'kk[kk

#### ½[kh[i nekxz] 'kk[kk

Kku ekxz vkg HkfDr ekxz ds nks: i g t ksfoj k/kh u gkdj i j Li j l Ec) gA Kku dh vutkfr gh HkfDr gA Kku ekxz i j pyusokys vpkp; k uskh Kku ds vutkfr i {k i j cy fn; k gA fcuk vutkfr dk Kku ek=k okD; Kku gA ft l l s dN Hkh fl ) ugh gkrkA HkfDr dksfo l k ek; k ekuus okys rFkk Kku ekxz dks gh , d ek=k l Pph l k/kuk ds: i e Lohdkj dj us okys vpkp; l' kdj uskh Kku ds vutkfr i {k i j cy fn; k gA ^vge cgekfLe\*\* dk Kku ek=k rks fu"Qy gh j grk gA fl ) rks rc gkrh gA tc ; g Kku vutko e i ; bfl r gks tkrk gA vutkokol kuRxr cgeKkuL; vpkp; l' kdj dk ; g Li "V er gfd tc rd Kku dk vutko e vol ku ugh gkrk rc rd og fuL l kj gA Kku ekxz e vutkfr dh bl Lohdkj ds vkykd e fuxjik HkfDr ds Lo: i i j fopkj fd; k tk; s rks ml dk l Ur fyr foopu vkg e; kdu vkl ku l sfd; k tk l drk gA

vorkj okn dks Lohdkj dj yus ds QyLo: i l xqk HkfDr dks , d l kdkj vkyEcu fey tkrk gA ft l dsdkj .k ml es l kekU; vf' kf{kr 0; fDr Hkh l gt gh Lohdkj dj l drk gA fuxjik HkfDr dk vkyEcu fuj kdkj gA QyLo: i og tul k/kj .k dsfy, xkg; ugh gks

I drhA I kekft d mi ; kfxrk dh nf"V I s I xqk HkfDr fuxik HkfDr dh vi gkk dgh vf/kd egRoi wklgA fdUrqbl h vkl/kkj i j fuxik HkfDr dh I Rrk ; k egRo ds fo;k; eal vng ugh fd; k tkuk pkfg, A ; g I R; g\$fd I xqk HkfDr i j vklFkk j [kusokysI k/kdkusfuxik HkfDr dksydj rjg&rjg dh 'kdk, mBk; h gA mudk ey rdl; g fd fuxik cgeKku dk fo;k; rksgksI drk gA fdUrqHkfDr dk ughA D; kfd HkfDr rksfdI h l kdkj] eirzvkg fof' k"V ds i fr gh mle[k gksI drh gA I kekU; turk dk fo' okl vkg vkpj . k Hkh bl h rdl dh i f"V dj rk fn[kk; h nrk gA bl h l eL; k i j fopkj dj rsqg i gys; g Li "V dj yu k pkfg, fd HkfDr dk rkfRod Lo: i D; k gA

bl h l cik e; g ekuk tkrk g\$fd Lug i o; /; k ugh HkfDr gA i tu ; g g\$fd ; fn Lug i o; /; k ugh HkfDr g\$rksfuxik dh HkfDr ; k Lug i o; /; ku D; k ugh fd; k tk I drk gA

I kekU; : i l s; g ekuk tkrk g\$fd fuxik cge dk I cik Kku ekxZ dsI kFk g\$ vkg I xqk cge dsHkfDr dsI kFkA

bl fy, tc dHkh dkbo[fuxik cge dh ckr dj rk g\$rksJkkr dk /; ku u\$ fxo : i l s Kku ekxZ dh vkg tkrk gA HkfDr ekxZ dh vkg ughA vkg bl h i zdkj I xqk cge dk mYys[k dj rsgh HkfDr ekxZ vi uh l exi wtk&fof/k dsI kFk mi fLFkr gks tkrk gA bl dk , d i fj . kke ; g Hkh gvk fd HkfDr vkg i wtk ; k vtuk eavHkn ekuk tkus yxkA efUnj kae tukuk Hkxoku i j nhi ] v/; l vkg p<kuk] efrz dh l ok dj uk vkg ml dh vkg rh vkg mrkj uk HkfDr ds vfkUu vkg ekus tkus yxkA i j Urqde' k% dchj vkg rgy l h %fou; i f=kdkh ds fuEufyf[kr mnkgj . kka l sLi "V gks tkrk g\$fd HkfDr dh nf"V eal xqk HkfDr vkg fuxik HkfDr eafdruh I ekurk gA

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i krh i p i gq dfj i wtk] no fuj kat u vkg u nwt kA  
rueu l hl l ej i u dhUgk i dV T; kfr rgkavkre yhxkA  
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i j e i j dkl l dy mft ; kjk] dg\$dcjh efnkl nEgkj kAA

Wvkh , d h vkj rh j ke j ?phj dh dj fg euA  
gj u n{[k }U} xkfoln vkuln /kuAA  
vpj pj : i gsj l oksr l ohk cl r] bfr okl uk /kj nhA  
nhf fut ckf xr dkgsen&ekg%rd i k vflkeku fp=kofRr Nht AA  
Hko vfrl ; fcl n i vj &ufoj l f k Jh j eu i j e&l Urksdkj hA  
i erky] xrl y l d ; l dy] foi y&Hko&okl uk&cht &gkj hAA  
vl Hk&l Hk de?kr&i kl nl ofrbdk R; kx&i kod l rkxqk i zkl A  
Hkxfr&of kx; &foKku&nhi koyh vkn uhj kt uat xfuokl AA  
foey&gfn&Hkou d'r l xfr&i ; d Hk l ; u fol ke Jh j ke j k; kA  
{kek d: uk i e[k rt i fj pkfj dk] i Ur gsj r=k ufgahkn ek; kAA  
; gsvkj rh fuj r l udkfn l fr l sk fl o nqf f"k rRonj l hA  
djsl kg rj \$ i fj gj Sdkekfn ey cnfy bfr veyefr nk ry l hAA

Åij ds nkuk mnkgj . kse HkfDr ds vutfr&i {k dks gh i vku : i l sfpf=kr fd; k x; k gA l Pph HkfDr dk l c/k ân; l sgA ckgj h i vt k fo/kku l sughA ; g ckr i kf. MR; vkj ' kkL=kkH; kl l sj fgr dchj nkl dsfy, Hkh mRuh gh egRoi kl gsf t ruh dh fo}ku vkj ' kkL=kkA ds Kkrk HkfDr ry l hnkl d fy, A nkuk us gh vkj k/; no ds bu xq kksdk rst i gt fuat u\* ^i je i fj [k\* ^vpj pj : i \* l oksr\* l ohk cl r\* vkn dk mYys[k fd; k gA tksfuxl k dh 0; k ; k efn; s tks gA dchj nk us ^nhi d Kku\* dk mYys[k fd; k gA tks ry l hnkl us ^HkfDr&of kx; \* foKku&nhi koyh dk mYys[k fd; k gA mDr mnkgj . kse fuxl k j ke\* ^t i gj s Hkkbi dgus okys dchj nkl e vkj n' kj Fk ullnu Hkxoku j keplniz ds mi kl d ry l hnkl e vntkr l ekurk i k; h tkrh gA pkgs^n' kj Fk&l r\* vkj k/; gks pkgs^j ke uke dk ej e gks vku\* nksuk gh fLFkfr; kse HkfDr dh vutfr eacu; kn l ekurk i k; h tkrh gA ; fn cge ds l kdkj vkj fuj kdkj : i kse xq kksdk l ekurk gsvkj HkfDr i ) fr ebu l eku xq kksdk Lohdfr Hkh gks tkrh gSrkfuxl k dh HkfDr dks Lohdfr dj useidkbzvki fRr ugh gks l drhA

I xq kksdk l d ry l hnkl dsfy, Hkh fuxl k dh l Rrk vekU; ugh gA bruk gh ugh osrks HkfDr dsfy, nkuk : i k ds/; ku dks vfuok; Zekurs gA vj k/; no dsfuxl k : i dks l e>s fcuk l xq k HkfDr Hkh l EHko ugh gA

fg; fuxl u; uflg l xq j l uk j ke l ukeA

eugli j V&I i V yl r] nyI h yfyr yykeAA  
bl dk dkj . k Li "V g; ; gk vkj k/; xkpj j ke gh ugh gA HkfDr dsfy, vko'; d g; fd og  
vorkj : i j ke ds mu xqk dk Hkh /; ku dj st ksmudsI gt vkj uI fxld xqk gA bl fy,  
nyI h nkl us^fou; i f=kdk\*\* eej ke ds xqk dk mYys[k fd; k gA t koLrr%fuxik cge ds  
xqk gA

ft I i dkj I xqk HkfDr dsfy, fuxik dh Lohdfr vko'; d gA ml h i dkj fuxik  
HkfDr dsfy, Hkh I xqk dh vkf' kd Lohdfr vfuok; zgA dchj dsj ke ^n' kj Fk&I r\*\* ugh g;  
i j osvi usfuxqk vkj k/; dh HkfDr ds i nkseml dsl xqk ; kerzi {k dh vkj Hkh bfxr dj rs  
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mu i d xkakd I EcU/kadk mYys[k dj rsgft I dk o.klu I xqk HkfDr kausHkh fd; k gA

fuxik j ke fpj xqj j ke t i gqj sHkkbZvfoxr dh xfr y[kh u t kbA  
pkfj cn tkdsI er i j ukuk ukllo; kdj ukaj e u tukukA  
I \$ ukx tkdsxj M+l ekukj pj u doy doyk ugh tukukA  
dgSdchj tkdsHknSukgh ft u tu cBsgfj dh NkgghAA

; gkW^ k;k ukx\* ^x: M\* ^deyk\* vknf ds mYys[k e; dchj nkl I xqk : i ds i d xkakd  
vkj I dr dj rs i rhr gkrs gA I xqk HkfDr e; fuxik cge ds fo' k;k &v}^\* ^vdy\*  
X; ku&xkrhr\* vknf& dk mYys[k vkj fuxik HkfDr e;^ k;kukx\* ^x: M\* ^deyk\* i Hkfdr I xqk  
ds i d xkakd mYys[k vkdflEd ugh gsoj u-bl I sfuxik HkfDr vkj I xqk dh rFkk Kku&ekxZ  
vkj HkfDr ekxZ ds chp dh e; Hkfdr I ekurk i dkf' kr gkrs gA ft I i dkj HkfDr ; k j kx ds  
ekxZ i j pyusokys dsfy, I R; &Kku dk egRo gA ml h i dkj Kku ds ekxZ i j pyusokys  
dks^j kx\* ; k vkj k/; I s rknkRE; dh vufkfr egRoi w kZ gA nkukakx i j Li j ?kfu"V : i I s  
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fuxik HkfDr dh ekU; rk dsckj se st ksl Ung 0; Dr fd; k tkrk gA ml dk i zku dkj . k  
g; e/; dkyhu I k/kuk dk , dkdh ; k , di {kh; foopu i k; %I k/kuk dsfofo/k ekxZ; k : i k&  
fupfUrrekxZ vkj i pfRrekx] Kku ekxZ vkj HkfDr ekxZ fuxik HkfDr vkj I xqk HkfDr vkj  
j gL; okn vknf dk foopu dj rs g; ; g I gt gh Lohdkj dj fy; k tkrk gA bl rj g dh

ekU; rk ds , frgkfl d dkj . k gA 'kadj kpk; l ds Kku vkJ HkfDr rFkk fuxik vkJ l xqk ds foj kjk dh Lfkki uk dj rs gq fuxik l s Kku dks l Ec) fd; k gS vkJ fuxik cge vkJ Kku&l k/kuk dks gh i je l R; ds: i e Lohdkj fd; k gA muds erkuj kj l xqk vFkkj bl oj vkJ HkfDr nkukgh ek; k ds vUrxi vkrsgA mUgkushkfDr dksfo | k ek; k ekudj ml ds vkJ kd dks rks Lohdkj fd; k gA fdvUrq l xqk HkfDr dh ; g Lohdkj i je l R; ugh gA vkJ li "V gh tks l k/kd i je l R; &fuxik v) & cge&dh vuHfr dj uk pkgrk gA ml s HkfDr dksLohdkj dj uk gkxkA

'kadj kpk; l ds foj kjk e Lohdkj fd; l j kekujt vpkp; l cYyHk vkn us bl dh xEhkj 0; k[ ; k, s dj rs gq HkfDr dks gh i je l R; ds: i e Lohdkj fd; l xqk : i kdh j ke d". k vkn dh hkh i fr"Bk dh 'kadj kpk; l vkJ bu os ko vpkp; k dh bl ij Lij foj kjk nf"V vkJ l R; l ckh ekU; rk dk i Hkko ; g gvk fd cge dsfuxik : i vkJ l xqk : i e foj kjk ekuk tkus yxkA tks u doy Kku kx] fuofRr vkJ HkfDr kx] i ofRr vkJ ds foj kjk ds: i e l e>k tkus yxkA vfi rafuxik HkfDr vkJ l xqk HkfDr ds foj kjk ds: i e Hkh ekuk x; kA

; gkW/; ku nus; k; ckr ; g gS fd KkuekxZ rks vpkp; l 'kadj t sekkoh vpkp; k us i fr"Br fd; k FkkA vkJ bl dk vkj kfEHkd : i mi fu"knk e Hkh fey tkrk gA bl fy, Kku ekxZ dh l Rrk dskj se fd l h dks l Ung ugh gvkA fdvUrqfuxik HkfDr dh Lfkki uk e fd l h , l sekkoh vpkp; l dk ; kxnku ugh j gk vkJ fuxik dks Kku&ekxZ l s l Ec) : i e L e>usds dkj . k fuxik HkfDr dh l Rrk dk gh l Ung dh nf"V l sns[kk tkus yxkA

I kekU; r%; g l e>k tkrk Fkk fd HkfDr dk l EcU/k rks cge ds l xqk : i ds l kFk gS vkJ fuxik ek=k dk Kku dk fo"k; gA bl fy, fuxik HkfDr dk Lohdkj dj us e Hkh dfBukbz gpa l xqk HkfDr dh /kkj k bruh 'kfDr vkJ 0; ki drk ds l kFk meM fd ; g rF; foLer l k gh gksx; k fd HkfDr ds fofo/k l Ei nk; kdsely e xk+nk' kfud fl ) kUr gA

mnkgj . k dsfy, vpkp; l j kekujt us i Lfkki=k; h dh fo' kn 0; k[ ; kvksefpnfpn-fof' k"V cge dh Lfkki uk dhA ft l ds vuj kj vkrEk vkJ i nkFk cge l s ml i zdkj l a Dr gS t s fo' kjk. k fo' kjk; ds l kFk gkrs gA j ke HkfDr ds vkd"k l us t urk dks l gt gh vi us evuj Dr dj fy; k vkJ nl i fd l k e j ke HkfDr dk nk' kfud vkJ fi NM+x; kA , h gh n' kk cYyHk fuEckdz vkn vpkp; k ds l Ei nk; k dh Hkh gpa l j Urq; gkW/; g Hkh Lej . k j [kuk pkfg, fd

' kkL=kK HkfDrks , oan' kfuakd dh j pukvka eis Kku , oahkfDr rFkk fuxjik , oai xqk HkfDr dh I ekurk dsHkh I ddr feyrsGA bl dk dkj . k ; g gfd bu I Hkh I k/kuk&i ) fr; kdkd I ksr rks i LFku=k; h gA

mnkgj . k dsfy , mi fu"knkseit gkW/; ku , oami kl uk dsegRo dk o. klu gA t gkWfuxjik cge dsLo: i dks^ufr&ufr\* dh i fdz k I sLi "V dj usdk i z kl gA ogkW kFk gh fuxjik cge dh HkfDr oRl yrk dk I ddr Hkh ^eq Mdks fu"kn\* dsbl i fl ) ' ykd esfeyrk gA

uk; ekRek i opuu yH; ksu esk; k u cguk JruA  
; esosk o. krsru yH; LrL; sk vkrRek foos. krsrufokeAA

vFkkj ; g vkrRek u rks i opu I si klr gksI drh gS u 'k) cf) I svkj u fo' ksk Jo. k I A ft I dks ; g ij . k dj rk gS ml h dks ; g i klr gksI drk gS vkj ml h ds i fr ; g vi us vki dks0; Dr dj rk gA cYyHkkpk; Z dh i f"VekxhI xqk HkfDr dk cht Hkh fuxjik cge ds Lo: i dk o. klu dj usokyk ; g ' ykd gh gA

fuxjik HkfDr , oai xqk HkfDr ds vkyEcu dsLo: i esLFkjy vUrj rks; g gfd fuxjik HkfDr dk vkyEcu fuj kdkj vkj vxkpj gS rFkk I xqk HkfDr dk vkyEcu I kdkj , oaxkpj gA fdUrq; g I kdkj , oaxkpj vkyEcu vi us vdkdj ds vfrfj Dr vU; xqkkaesfuj kdkj I s I ekurk j [krk gA dchj , oanyI h I smnkgj . k nqj i gys; g ckr Li "V dh tk pdh gA HkfDr dh bu nkukai ) fr; ksaL vkj Hkh dbZI eku xqk fn[kk; h nsrgA fuxjik HkfDr esixq dks ogh egRo i klr gStksI k/kuk ds vU; : i k& Kku ekxZI xqk HkfDr /kkjk ; k j gL; okn esiklr gA I nxq dh di k dsfcuk I k/kd , d i x Hkh ugh py I drkA fuxjik HkfDr esuke Lej . k dks Hkh fo' ksk egRo fn; k x; k gA I xqk HkfDr nyI hnkl uke dh efgek dk o. klu dj rs gq ml sj ke I sHkh vf/kd egRoi wLekursGA vkj dchj dh nf"V esHkh i f. Mr ugh gft I usi e ds ^<kbl v{kj \* i < fy; s gA fuxjik HkfDr esrks t i dh voLFkk I s Aij ^vtik tki \* dh voLFkk Lohdkj dh x; h gA ft I esfl ) i q "k ^vugr\* 'kCn dsI eku fcuk fdI h i z kl ds fuj Urj uke Lej . k dj rsj grsgA fuxjik HkfDr esans; dh Hkkouk dks Hkh ugh egRo i klr gA tksI xqk HkfDr esfn[kk; h nsrk gA dchj vkj nyI h ^fou; i f=kdk\*\* ds nks i nks dk vuqkhyu bl nf"V I sI; klr gkska

e/kse\$, \$ k vi j k/kh] rj h Hkxfr gkr ugh l k/khAA  
dkj fu dou vkb t x t uE; k tufe dou l pj i k; kA  
Hkkst y frj . k pj . k P; rkfek. k rk fpr ?kMh u yk; kAA  
i j fuq k] i j /ku] i j nkj k] i j vi oknSI j kA  
rkFksVkokxeu gkb Qfu] rk i j l x u pj kAA  
dke dksk ek; k en eNj] , l Urfr ge ekghA  
n; k /k e X; ku xq l ok], i HkqI fi usukghAA  
re di ky n; ky neknj] Hkxr&cgjy Hkk&gkj hA  
dgSdchj /khj efr j k[kg] l kl fe dj kgekj hAA

## I kj kák

fuxz k HkfDr vkJ j gL; oknh i e i ) fr dh l hek Hkh ugh gsrks Kku ekxz dh gA fuxik  
dksgh vkj k/; ds: i e Lohdkj dj usdk i fj . kke ; g gvk fd l k/kuk dh bu nkuk i ) fr; k  
dh Lohdfr l hfer {k dk dsHkhj gh j ghA tc l xq k HkfDr ; k i e dk vkyEcu ds: i e xg. k  
fd; k tk l drk gsrksfQj fuxik dh vkJ vkdf"kr gks dh l Ekkouk vR; Ur l hfer gks t krh  
gA ft l i zdkj vf/kdk k 0; fDr Kku&ekxz i j ugh py l drsml h i zdkj osfuxik HkfDr dh  
vkJ j gL; oknh i e&l k/kuk dksHkh Lohdkj ugh dj l drA yfdu ; g fufobkn gsf fd ft l  
i zdkj Kku ekx l k/kuk dk , d fo' k"V : i gA ml h i zdkj fuxik HkfDr vkJ j gL; oknh i e  
i ) fr Hkh l k/kuk dsfof' k"V : i gA

## I Unhk I dsr

### 1- dchj xHkkoyh

j kefd' kkj ' keklfgUnh foHkkx]

bykgkckn fo' ofo | ky; bykgkckn

kykd Hkkj rh i zdk' ku bykgkckn/

## 2- fgUnh | kfgr; dk bfrgkl

vkpk; l j ke pUnz' kDy  
MKD j keLo: i prph  
ykd Hkkj rh i zdk' ku  
i gyh eft y nj ckj h fcfYMax  
egkRek xWkh ekxzbykgkckn &01