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i fgyh rs i kpohP; k f' k{k d kpk fudky 4-43 VDds
rj l gkoh rs vkBohP; k f' k{k d kpk fudky 5-95
VDds ykxyk gkrk-

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f' k{k d kpk i f j {k k fudky 1-04 VDds rj l gkoh rs
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ykxyk vkgs , dqk l jkl jh fudky ekxhy o"khz o
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ykxyk vkgs Eg.ktp 95Vds f' k{k d ; k i kkrk
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gmanje :

[kja Eg.kts vktP; k dkGkr f' k{k.k vkf. k
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vf/kdkf/kd uQk deo. ; kP; k uknr vKEgh dk;
dj r vkgkr ; kpa Hkkup vKEgyk j kfgya ukgh vkf. k
gh vfr' k; xtkhj v' kh ckc vkgs

Short Profile

Ulhas Udhan is a Research Scholar and social
education content. He Has Completed B.A., B.P.Ed.
and M.A.

i f' k{k.k ?kouu ckgj
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dj rkr rkp fopkj vki .k ; k i f' k{k.k dntP; k
ckrhr dj k; yk gok vl sek>sBke er vkgs

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R; koj utj VkdY; kl vk' p; ZokVY; kf' kok; j kgr
ukgh-

txkr T; k j k"Vrkpk l ož ckyckyk vkgs rs
j k"Vª Eg.kts vej dk] l kož fud 'kkGkarhy
xqkoRrk rikl .; kl kBh fu; ĩr dsyš; k vk; kskps
uko cnyu j k"Vª /kkD; kr vl sdj rs rkp vk; kx
i q s Eg.krkš l ekj ntkps 'kkyš f' k{k.k gh 'k=q
j k"Vkus Vkdys; k v. kq ckłci š kgh vf/kd
gkfudkj d xkšV vkgs rj -----

vh; kl d l kekt d o f' k{k.k fo" k;

I /; k tXkrhy I okR plaxyh f'k{k.k 0; oLFkk Eg.kuu fOUYkM ps uko ?krY; k tkrS rs fOUyM I okZuk I eku o I okRre f'k{k.k nr vl rkauk f'k{k{d fuoM AfØ; k djrkauk tsfud" k ykoystkrkr rs igk.ks vR; r xj tpsokVrs , o<h R; kph xqkoRrk oknkrhr ekuyh tkrS

; kl oZik' oHkuehoj vki .k fuekZk >kY'Y; k I eL; kP; k ek= eGk' kh tk; yk r; kj ukghr- 'kSf.kd xqkoRrk ok<hl kBh vki .k vkti; r vud vk; ks vkf.k I feR; k ueY; k vkgr ijarq izu vkgs R; kP; k iR; {k veyctko.khpk vkf.k I eL; k dk fuekZk gkr vkgs R; kP; k eGk' kh tk. ; kpk-

f'k{k{d ik=rk ijh{kpk fudky , o<k deh ykx. ; kph th dkj .ks vkgs rh vxnh Li"V vkf.k m?kM vkgr- R; ki dh dkgh dkj .ks eh ; k fBdk.kh uknor vkgs

1-*Hkki kG fLFkr* ; k vk/; ki d i f'k{k.k dntkyk eku; rk ns kkjh , u-l h-Vh-bZph dk; i) rh-

2-j kT; 'kkI ukps; k dntkMsvl ysysnyZk

3-I aZkhr foHkxkrhy fo|ki hBkrhy fo|ki hBkpk ch-I h-; qMh- foHkx

4-I aZkhr v/; ki d i f'k{k.k dntz pkyo.kkj h 0; oLFkk-

5-R; ke/; si f'k{k.k ?ks kkj k vkepk HkkoH f'k{k{d

; k dkj .kkpk 'kksk ?kr vl rkaukP ; koj dkgh egRokps mik; gh ; k fBdk.kh fo'kn djr vkgs

1-j kT; kyk njo"khZ fdrh f'k{k{dkph vko' ; drk vkgs ; kpk vkj k [kMk r; kj dj .ks

2-R; k vko' ; drs ud kjp gh i f'k{k.k dntz pkyw Bø. ks

3-; k i f'k{k.k dntkyk %Mh-bZ, y-], M- vkf.k ch- , M-] , e-, M]½ vfr'k; egRokpk ntkZ nsou I oZ dkj ps vuonku nsou gh dntz I {ke dj kohr-

4-; k i f'k{k.k dntkP; k xqkors ckr dks krhgh rMtkM u Lohdkj .ks

gsI oZtj vki .k d: 'kdyksrjp rhl &; k Vhb/hpk fudky vki.kkl viSkrh ; ow 'kdsy vU; Fkk vktp R; kpk fudky ykxyk vkgs i fj {kph Qä vks pkfj drk ckdh vkgs

I /; kPkh i fj fLFkrh vR; r okbV vlu egkj k"Vkrhy 70 VDds iSkk tkLr ; k fofo/k i f'k{k.k dntkMds dks kR; kgh iZkj P; k vko' ; d R; k

egHkur I fo/kk mi yC/k ukghr vkf.k , ul hVhbZek= ; kP; keGkr u tkrk ojojps Fkkrj ekrij mik; R; koj 'kkskr vkgs gh vR; r nqoh ckc vkgs

gh vR; r okbV oG ; k i f'k{k.k dntoj dk vkyh\ ; kph [kj h dkj .ks , ul hbVh yk ekgr vl rkauk I Ø k R; kauh R; kP; k eGk' kh u tkrk vkrk

; k pkywo"kkZ kl u gk vH; kl dæ , d o"kkZ , oth nku o"kkZp dsk- ; kruu R; kauk dk; I k/; dj k; ps vkgs *rs dG. ; kl ekxZ ukgh- xteh.k Hkxkr , d

tuh vfr'k; i pyhr Eg.k vkgs vMkrp ukgh rj i kG&; kr dBu ; s kkj *vxnh ; kpi æk. ks MhVh, M vkf.k ch, M], e-, M- ; k i f'k{k.k dntkyk f'k{k{d ukghr-

xiki ky ukgh] i kpk; Z ukghr bekjr ukghr rj gk dks Z 2 ukgh 4 o"kkZpgh dsk rjh vki .k dkghgh I k/; d# 'kd.kkj ukgh gs ekgr vl u gh vkEgh rI p i q;s tkr vkgs ; kruu vkEgh , dp djr vkgs j k"Vkrh mxorh fi <h

fdz, k' khy vkr drBoku ?kM. ; kph R; kph {kerkp u"V djr vkgs- vkeP; k HkkoH ns kP; k vk/kkj Lrhkkyk nwk Eg.kuu fi Bkps ik.kh i ktr vkgs- dkG vkEgkyk {kek dj .kkj ukgh , o<p-

1-fpi Gwkdj fo- fo- *vkOgku i kFkfed f'k{k.k kP; k xqkoRrp}* -

2-/kuxjs n-uk- *mPp f'k{k.k /; s okndMuu cktkj i BdmS

3-ok?kekj s tuknZu] *vH; kl xV f'kQkj 'kh 2001*-

4-n\$ ykdI Rrk 7 ekpZ2014-

5-n\$ I dkG] n\$ ykder 7 ekpZ2014

6-n\$ fn0; ejkBh 18 es2013] 20 ekpZ2015-

7-ok?kekj s tuknZu] *ykZ' kgh vkf.k f'k{k.k *

8-'kVdj x. ks k] vkf.k brj *Hkkrh; f'k{k.k kpk bfrgkl -*

9-uj o.ks ehuyk ¼2007½ *Hkkrh; 'kSf.kd vk; ks o I feR; k-*

10-ekgrh vf/kdkj kruu fofo/k fo|ki hBkdMuu i ktr ekgrh-



mYgkl m<k.k vH; kl d I kekftd o f'k{k.k fo"k;

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