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## A STUDY OF SOCIAL INTELLIGENCE OF ADOLESCENTS IN RELATION TO ADJUSTMENT

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### ABSTRACT

**E**ducation is the basic tool for the development and reconstruction of human being. It helps individual to realize all his inherent qualities and develops his entire personality. It is one of the important means to foster a deeper and more harmonious form of human development. The coming century dominated by globalization also means that education will have to adopt itself to considerable economic, social and cultural change resulting in equality of opportunities, spiritual aspiration and material reality, the expansion of knowledge and the limited capacity of human being to assimilate it.

**KEYWORDS** : Social Intelligence, globalization, economic.

### INTRODUCTION

Karl Albrecht, "More people have lost jobs, friends, marriages and mates because of social incompetence than for all others reasons combined. The simple fact is that people who have highly developed sense of social intelligence have more friends, better relationships, more successful carriers and happier lives than those who lack those skills." Social Intelligence is the ability of an individual to react to social situations of daily life. It is the ability to get along well with others. It includes an awareness of situations and the social dynamics that govern them and knowledge of interaction styles and strategies that can help a person to achieve his objectives in dealing with others. It also involves a certain amount of self insight and a consciousness of one's own perceptions and reaction patterns. Social Intelligence would not include the feelings or emotions aroused in us by other people, but merely our ability to understand others and to react in such a way towards them that the desired ends could be attained. High



social intelligence is possessed by those who are able to handle people well. Adequate adjustment in social situations is the index of social intelligence.

Life is a continuous process of overcoming difficulties, and making adjustments. Adjustment is necessary for living. 'Adjust or die' is the law of life. Every organism tries to achieve some sort of working arrangement with the environment. We see that adjustment needs reaction to the varying demands & pressures of the social environment imposed upon the individual. The process of adjustment starts right from the birth of the child and continues till death. Adjustment involves effective adaptation. It consists in the reduction of inner needs, stresses and strains and in this sense; adjustment would be a unique pattern depending upon the

personality and needs of the individual.

### REVIEW OF RELATED STUDIES

Grewal (2003) in her study on social intelligence as contributor to teacher's adjustment, found that socially intelligent teachers have better adjustment.

Singh (2007) conducted a study on emotional and social intelligence, adjustment and personality differentials of adolescents with high and low creativity. He found that there exists no significant difference in social intelligence between high creative and low creative adolescents, adjustment and personality differentials.

Saxena and Jain (2013) conducted their study on the social intelligence of undergraduate students in relation to their gender and subject stream. The study was conducted to know the social intelligence of male and female undergraduate students of science and Arts subject streams studying in various degree colleges of Bhilai city, Chhattisgarh. The findings of gender analysis indicates that female student's possess more social intelligence than male students and analysis of stream indicates that arts students are having greater social intelligence than students of other streams.

### STATEMENT OF THE PROBLEM

A Study of social intelligence of adolescents in relation to adjustment

### SIGNIFICANCE OF THE STUDY

The present study will help the teachers in evaluating adjustment and social intelligence of students. Teachers will be able to understand their students. This will help the teachers in making teaching effective by knowing different levels of adjustment and social intelligence of their students. The present study can be significant in the field of guidance and counselling for the students to sort out their maladjustment problem and problem of dealing with society. The study will also prove helpful for the teachers to know male and female adolescents social, educational and emotional adjustment and their social intelligence.

### OBJECTIVES

- (1) To study the relationship between social intelligence and adjustment of adolescents.
- (2) To study the various dimensions of social intelligence and adjustment of adolescents.
- (3) To study the difference in social intelligence of male and female adolescents.
- (4) To study the difference in adjustment of male and female adolescents.

### HYPOTHESES

- (1) There does not exist significant relationship between social intelligence and adjustment of adolescents.
- (2) There does not exist significant difference between social intelligence of male and female adolescents.
- (3) There does not exist significant difference between adjustment of male and female adolescents.

### DESIGN OF THE STUDY

The present study was designed to study the social intelligence in relation to adjustment of adolescents. Descriptive survey method has been used for the conduct of present study. The study constitutes two variables: social intelligence and adjustment.

## SAMPLE

In present study, a sample of 150 adolescents(75 males and 75 females) was drawn out from four schools of Ludhiana Distt. Using random sampling technique.

## TOOLS USED

Social Intelligence Scale (SIS) by Chadha and Ganesan (2002).

Adjustment Inventory for School Students (AISS) by Sinha and Singh (2005)

## RESULTS AND INTERPRETATION

**Table1**  
**Coefficient of Correlation between Adjustment and Social intelligence of Adolescents**

Types of Adjustment	N	R
Emotional	150	0.18*
Social	150	0.13
Educational	150	0.13
Overall Adjustment	150	0.26**

\*Significant at .05 level

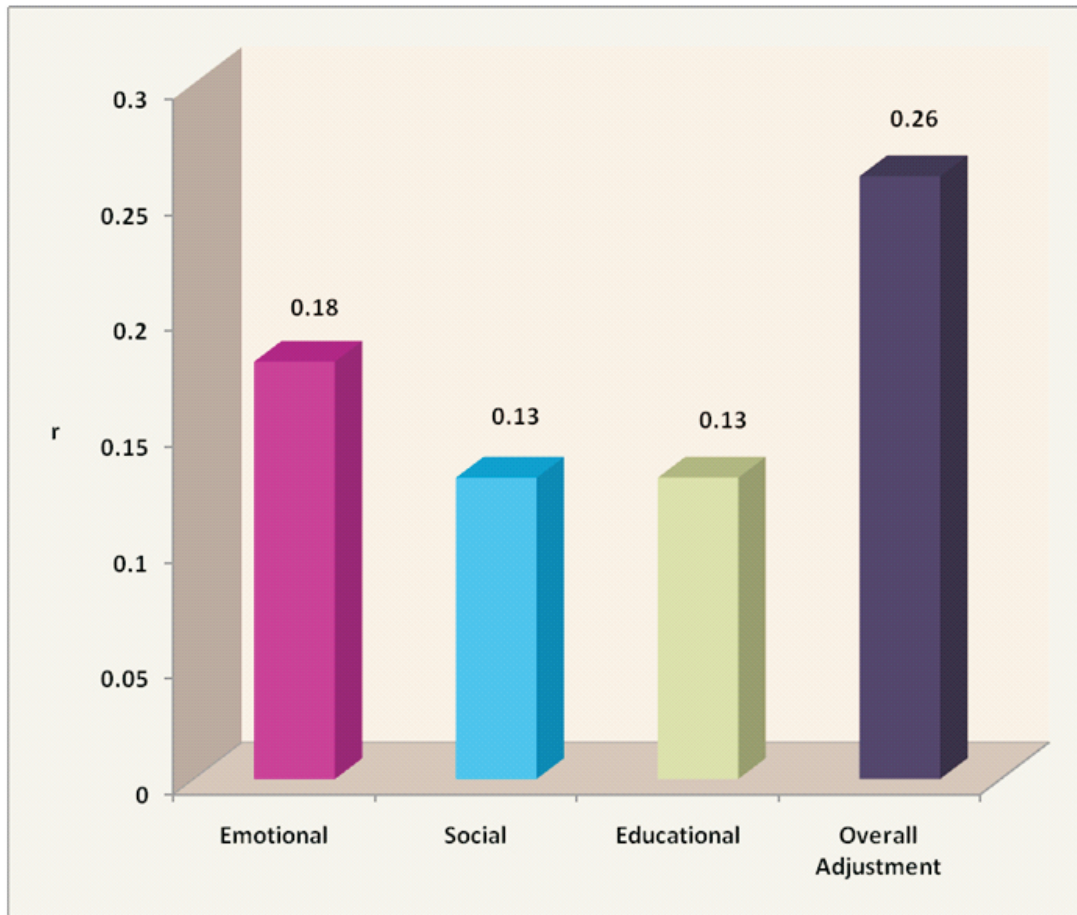
\*\*Significant at .01 level

### Table 1 shows that

- The coefficient of correlation between emotional adjustment and social intelligence of adolescents as 0.18 which is significant at .05 level of confidence which shows that a significant relationship exists between emotional adjustment and social intelligence of adolescents.
- The coefficient of correlation between social adjustment and social intelligence of adolescents as 0.13 which is not significant which shows that no significant relationship exists between social adjustment and social intelligence of adolescents.
- The coefficient of correlation between educational adjustment and social intelligence of adolescents as 0.13 which is not significant which shows that no significant relationship exists between educational adjustment and social intelligence of adolescents.
- The coefficient of correlation between overall adjustment and social intelligence of adolescents as 0.26 which is significant at .01 level of confidence which shows that a significant relationship exists between overall adjustment and social intelligence of adolescents.

Therefore the hypothesis 1) stating that there will be no significant relationship between adjustment and social intelligence of adolescents stands rejected.

**Figure1**  
**Coefficient of Correlation between Adjustment and Social intelligence of Adolescents**



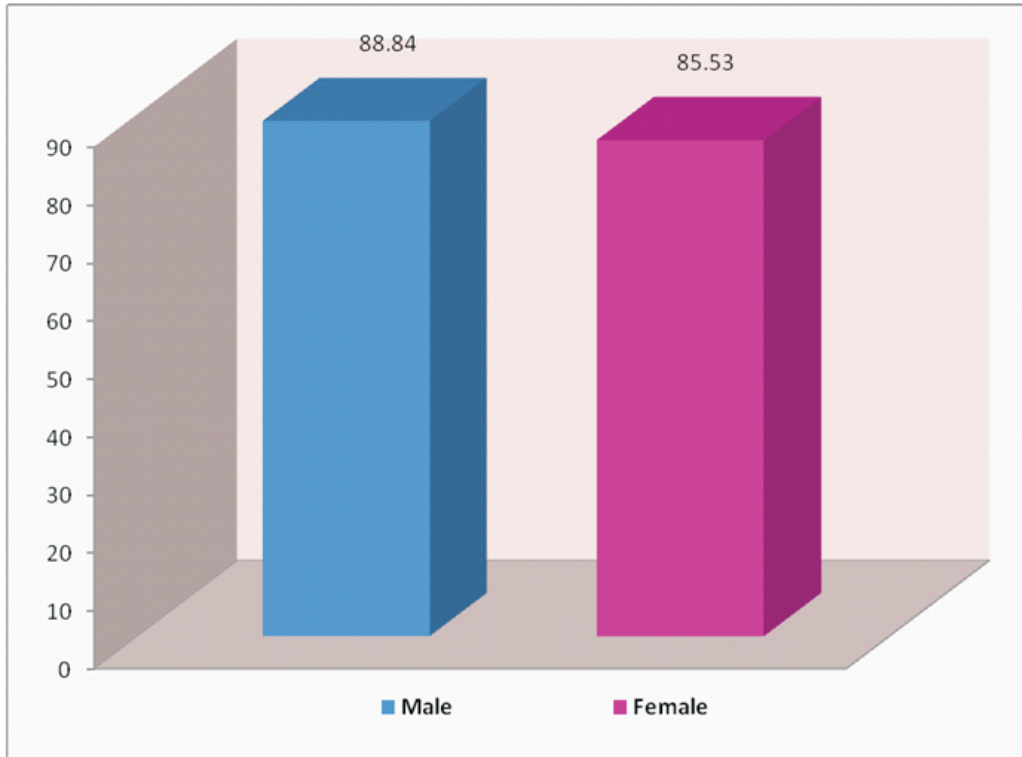
**Table 2**  
**Significance of the Difference between Means of Social intelligence of Male and Female Adolescents**

S.No.	Group	Variable	N	M	S.D	SE <sub>M</sub>	t-ratio
1.	Male	Social intelligence	75	88.84	16.10	1.86	1.25
	Female		75	85.53	16.28	1.88	Ns

**Table2 revealed that**

• The mean scores of social intelligence of male and female adolescents are 88.84 and 85.53 respectively. The t-ratio is 1.25 with df =148 which is not significant. This revealed that no significant difference exists between mean scores of social intelligence of male and female adolescents. Therefore the hypothesis 2) stating that there will be no significant difference between social intelligence of male and female adolescents stands accepted.

**Figure 2**  
**Bar Graph showing the Difference between Means of Social intelligence of Male and Female Adolescents**



**Table 3: Significance of the Difference between Means of areas of Adjustment of Male and Female Adolescents**

S.No.	Group	Types of Adjustment	N	M	S.D	SE <sub>M</sub>	t-ratio
1.	Male	Emotional Adjustment	75	4.85	3.46	0.40	1.86
	Female		75	3.84	3.20	0.37	
2.	Male	Social Adjustment	75	3.25	2.70	0.31	0.65
	Female		75	3.53	2.59	0.30	
3.	Male	Educational Adjustment	75	3.39	3.41	0.39	3.64**
	Female		75	1.76	1.84	0.21	
2.	Male	Overall Adjustment	75	11.63	5.91	0.68	2.94**
	Female		75	9.13	4.37	0.50	

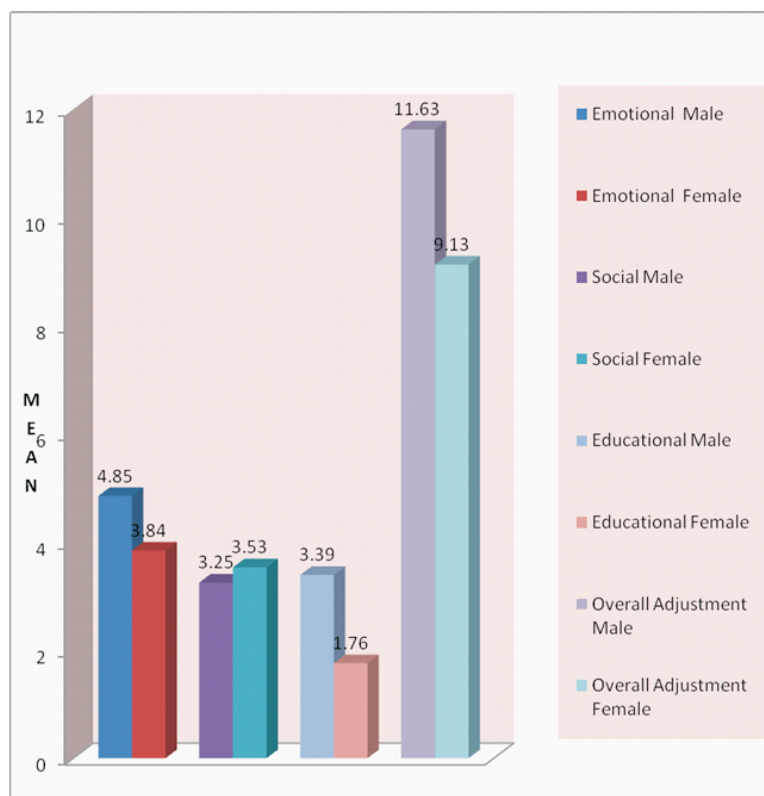
*\*\*Significant at .01 level*

**Table3 revealed that**

- The mean scores of emotional adjustment of male and female adolescents as 4.85 and 3.84 respectively. The t-ratio is 1.86with df =148 which is not significant at .05 level of confidence. This revealed that no significant difference exists between mean scores of emotional area of adjustment of male and female adolescents.
- The mean scores of social adjustment of male and female adolescents as 3.25 and 3.53 respectively. The t-ratio is 0.65 with df =148 which is not significant at .05 level of confidence. This revealed that no significant difference exists between mean scores of social area of adjustment of male and female adolescents.
- The mean scores of educational adjustment of male and female adolescents as 3.39 and 1.76 respectively. The t-ratio is 3.64 with df =148 which is significant at .01 level of confidence. This revealed that a significant difference exists between mean scores of educational area of adjustment of male and female adolescents.
- The mean scores of overall adjustment of male and female adolescents as 11.63 and 9.13 respectively. The t-ratio is 2.94 with df =148 which is significant at .01 level of confidence. This revealed that a significant difference exists between mean scores of overall adjustment of male and female adolescents.

Therefore the hypothesis 3) stating that there will be no significant difference between adjustment of male and female adolescents stands rejected.(in term of educational adjustment and overall adjustment)

**Figure 3**  
**Bar Graph showing the Difference between Means of areas of Adjustment of Male and Female Adolescents**



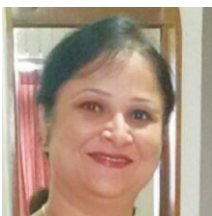


## EDUCATIONAL IMPLICATIONS

The present research work 'A Study of Social Intelligence of Adolescents in relation to Adjustment' has come up with certain conclusions which can be proved to be helpful not only for the students, teachers or educational administrations but also for the parents and society at large. As Adolescence is a period of great upheaval, the adolescents find themselves in many complex situations. They have to face problems of adjustment. Social Intelligence plays a vital role in coping with new situations, with the help of various factors such as adjustment with society and environment. Emotionally adjustable adolescents always are good in dealing and understanding others. Adolescents should be educationally adjustable also, because they are the one who have to adjust towards their curriculum and co-curricular activities and programs carried out in the educational institutions. Adolescents having good educational adjustments always have better relationships with teachers, classmates and teaching learning situations.

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