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EFFECT OF EDUCATION ON RECREATION ACTIVITIES OF FAMILY

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ABSTRACT

Every child need to learn that learning can be enjoyable as play. So how do you bring about the impossible? fun education activities for kids offer plenty of learning with a healthy dose of entertainment jump starts printable educational activities will take your child from preschool through elementary grades and instill a lifelong love of learning.

There are scores of educational activities for children of all ages based on your age level of skill and interest you can choose from a variety of educational activities that are available. Whether it is reading activities or art and craft activities. there is always something for every body from being a great way to pass time to being useful in learning new skill to sharpening existing skills, these education activities have many advantages.

KEYWORDS : Educational Recreational Family.

Education : The action or process of teaching some one specially in a school, college or university.

The knowledge skill and understand that you get from attending a school, college or university.

A foiled of study that deals with the method and problems of teaching.

Recreation :

Refreshment of strength are spirits after work also a mean of refreshment or diversion of hobby. The fields next to the school are used for recreation like hiking gearing are our favourite recreation area / facility.

Something people do to relax or have fun activities done for enjoying we call it refreshment of mind or after work or worry.



Family : A group consisting of two parents and their children living together as a unit.

A group of individuals living under one roof and usually under one head household, grounded as deriving from a common stock or race.

They united by certain conviction or a cosily related series of element or chemical compound

FAMILIES PERSPECTIVES :

All in every family addressed the issue of physical activities as part of children's well being through recreational activities and or family activities. example : all 50 families reported going to park and play ground with their children's but they did it according to very different pattern.

In Socio Economically disadvantages neighbourhood characterised by small housing, large families and

household with limited resources green spaces and public play ground were reported to be visited every other day in area. the availability of public transportation or a cycling tracks was mentioned as being decision whom it comes to getting the these parks and green space.

Recreation activities were also widely reported by parents as in favour of their children's well being. but before going to it its very interesting for a family to enjoy their leisure and fun and make happiness in their life by spending the time each other and with playing specially their own and favourite activities and games together by sharing their laugh and thoughts.

Recreational and family activities comes under sports and clubs, park, playgrounds cycling, children's holiday camp art, culture and heritage. sports and clubs exercising for at least 30 minutes each day is an important part of staying healthy. playing sports and joining a sporting club allows you to push yours personal limits have fun by keeping active and get involved in your local community you can stay healthy, meet new people and form friendship.

PARK AND PLAYGROUND :

Outdoors play provides children with a chance to explore have adventures and practice social and physical skill. it ensures all children including those with disability have access to playgrounds so they are have great fun. it removes barriers so children's with disability and with disability can play. horse riding, canoeing and kayaking, white water rafting trails bike riding, cane tours cycling is a enjoying for kids and elders to fun great fun for the good health and fresh to develop the built the body in smooth environment.

CHILDREN'S HOLIDAY CAMPS :

Camp allow children to develop leadership social and physical skill. they help children learn about team building working in groups and interacting with other in a different environment their are also many camps for all children's in the holiday seasons that are seen by private organisation or community groups. example : YMCA camping kinditan (owned by guides Queensland) outward bound etc.

Camps and excursion are carefully planned by your school and managed to ensure that activities are safe for all students and staff. parental permission is always sought.

ART CULTURE AND HERITAGE :

Programmes attraction and event directory of artist and projects organisation venues and equipment heritage, career and training in the arts, business tool, collaboration and research. awards and recognition funding, grounds and sponsorship programmes. attraction and events have been inspired by a great painting created art at the a local art or enjoyed a performance at the Queensland.

Like tourism and events Queensland (TEQ) is statutory body of the Queensland grant and its lead marketing destination and experience development artist directory the regional art work directories list Queensland artist specialising in dance, theatre, music, films, writing comedy, circus, photography, new media, publishing and visual arts, flying arts alliances Inc is committed to promoting the appreciation practise and professional development of the visual arts media arts throughout Queensland especially for artist and communities disadvantage by distance and isolation career and training in the arts the workshop and programmes to enhance yours skill in technology, new media design art hub has job listing in the arts industry along with job tips and career to advice to help with your career planning promotion and evaluation attend am arts business workshop and learn how to write a marketing plan funding application managed and promote an exhibition and about other business.

BENEFITS OF RECREATIONAL ACTIVITIES :

The benefits of physical activities are universal for all children, including those with interested parents and their children's were indulge in it.

Sports and recreation activities promotes inclusion , minimizes reconditioning optimise physical functioning and enhance overall well being optimises physical functioning and enhance overall well being.

Adequate level of muscular strength and endurance are associated with increased body mass reduction in injury fro falls and greater ability to complete activities of daily living. It enhance the physiological wellbeing, the provision of opportunities to form friendship, express creativity, develop self identity and faster the meaning and purpose in life.

Child family, financial and societal barrier to participation need to be directly identified and addressed in the context of local state and federal laws.

All the parents and children's were create atmosphere of healthy habits by adopting recreation and fun engagement in their life and using proper leisure for making healthy habits to develop the brain and inculcate good health and social environment.

NATIONAL INTRAMURAL – RECREATIONAL SPORTS ASSOCIATION :

Recreational Sports : A valuable aspect of college and university life citing a report commissioned by the national Intramural – Recreational Sports Association (NIRSA) that was subsequently published in book from by Human Kinetics NIRSA's partner in publishing that book, the value of recreational sports in higher education (January 2004) details results of survey conducted by Kerr and down, that revealed a consensus among responders on range of personal benefits to be derived from participation in recreational sports.

EDUCATION FOR LEISURE ACTIVITIES :

Committee on culture, science and education today we spend more time on leisure than on any thing else. The way in which we spend it however has consequence for ourselves and for the society idleness can lead to delinquency and crime. Active participation in sports or music or their leisure activities can contribute to the improvement health and to the strengthening of social cohesion.

- + This is related to the quality of leisure in its different form (intellectual, social, physical and mental). Active involvement for instance in music or sports is better than passive attendance.
- + Research indicates that a higher level of teenagers involvement in delinquency is significantly associated with increase participation in unsurprised socialisation with friends and less frequent participation in organised leisure sports activities and activities in home .
- + The implementation of leisure policies calls for a combined efforts of all sectors the Public, Central, regional and government.
- + Should define the objectives tasks means and methods of meeting the leisure needs of the population , lacking into consideration demographic and cultural difference and varying social – economic status of their in habitants.
- + Education for the leisure should aim at enriching the knowledge and skills of those to whom it is addressed and at enabling them to use their leisure time in order to improve their quality of life, culture , sports and social and recreational activities are concerned.

EDUCATION, RECREATION AND CULTURAL GRANTS:

Educational recreational and cultural projects and programmes are initiative that improve the overall enrichment of community residents. These programmes are great opportunities to engage

members of the community in activities that can help them grow personally and in turn help the community grow.

Projects Example Include :-

- After school and tutorial
- Programmes for senior citizens
- Music or art enrichment.

The point of view of parents and schools professionals about effect of educational recreational activities :

- + Parents expressed a variety of perspective on the potential benefits of recreational activities for the children's wellbeing.
- + Indeed difference in family resources in reference to social and cultural capitals combined with differences of access to recreational services due to contributed factors.
- + Among schools professionals, recreational activities were repeatedly identified as opportunities to develop social and educational skills.
- + At last, let us emphasise that the development and sustainability of public policies regarding recreational activities in highly dense heterogeneous urban environment relies on the interconnectedness of distinct policies – such as spatial planning , mobility or education as well as the children's to exercise their creativity.

CONCLUSION :

Individuals and contextual factors do appear to produce various perspectives for their children's park and playground on the other hand are used by all families nevertheless, the potentially socially driven nature of the use of such service begs for more research. The acknowledgment of the diversity of perspectives on the added value of recreational activities, to children's well being leads to the recognition of a diversity of practise and needs an parallel offer of parks and play grounds in combination with an improve access to public space at large for children.

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