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ADJUSTMENT OF SCHOOL TEACHERS WITH REGARD TO TYPE OF INSTITUTION AND TEACHING EXPERIENCE

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Abstract:- The aim of this study was to find out the adjustment of school teachers with respect to type of institution and teaching experience. Survey method was conducted on a random sample of 200 school teachers in Chidambaram, Tamil Nadu. Data was analyzed by t-test and F-ratio. Result found that the level of adjustment of school teachers is average. Findings also showed that there is no significant difference in adjustment of school teachers based on type of institution and teaching experience.

Keywords: Adjustment, Type of Institution, Teaching Experience.

INTRODUCTION:

Adjustment and accommodation are needed in all walks of life. Life is a continuous process of changes and challenges. Every person is facing such situations for his survival or growth which arise as a result of individual's physiological, psychological or social needs. Different persons use different ways to satisfy their needs. The strategy used by an individual to manage these needs i.e. satisfaction is called adjustment. When the efforts of an individual are successful and satisfying, then it is good adjustment. But, if a person meets frustration in his efforts continuously the personality adjustment may not be proper; then it might be a case of maladjustment.

OBJECTIVES OF THE STUDY

- To assess the level of adjustment of school teachers.
- To assess the level of adjustment of school teachers based on type of institution.
- To assess the level of adjustment of school teachers based on teaching experience.
- To find out the significant difference in adjustment of school teachers in terms of type of institution.
- To find out the significant difference in adjustment of school teachers in terms of teaching experience.

HYPOTHESES

1. There is no significant difference in adjustment of school teachers based on type of institution.
2. There is no significant difference in adjustment of school teachers based on teaching experience.

METHODOLOGY

Method: Survey method was used for this study.

Sample: A sample of 200 school teachers was chosen in Chidambaram by using random sampling technique.

Tool

- Mangal's Teachers Adjustment Inventory.

ANALYSIS OF DATA

Table 1: Level of Adjustment of School Teachers

| Variable | N | Mean | SD | M+1D | M-1D | Level |
|------------|-----|-------|------|-------|-------|---------|
| Adjustment | 200 | 48.36 | 10.5 | 58.86 | 37.86 | Average |

From Table-1, the mean value of adjustment of school teachers is 48.36. The mean value lies between 58 and 37. Thus the adjustment of school teachers is average.

Table 2: Level of Adjustment of School Teachers based on Type of Institution

| Adjustment | Type of Institution | N | Mean | SD | Level |
|------------|---------------------|-----|-------|-------|---------|
| | Aided | 117 | 48.19 | 10.57 | Average |
| | Government | 83 | 48.60 | 10.47 | |

Table-2 shows that the mean values of adjustment of aided and government school teachers were 48.19 and 10.57 respectively. The mean value lies between 58 and 37. Thus the adjustment of school teachers based on type of institution is average.

Table 3: Level of Adjustment of School Teachers based on Teaching Experience

| Adjustment | Teaching Experience | N | Mean | SD | Level |
|------------|---------------------|----|-------|-------|---------|
| | Up to 10 yrs | 73 | 46.32 | 8.77 | Average |
| | 11-20 yrs | 60 | 50.03 | 11.34 | |
| | Above 20 yrs | 67 | 49.08 | 11.23 | |

From Table-3, the mean and SD of up to 10 yrs teaching experience school teachers were found to be 46.32 & 8.77 respectively, mean and SD of 11-20 yrs of teaching experience of school teachers were found to be 50.03 & 11.34 respectively and mean and SD of above 20 yrs of teaching experience of school teachers were found to be 49.08 & 11.23 respectively. The mean value lies between 58 and 37. Thus the adjustment of school teachers based on teaching experience is average.

Table 4: Adjustment of School Teachers based on Type of Institution

| Type of Institution | N | Mean | SD | t-value | Remark |
|---------------------|-----|-------|-------|---------|-----------------|
| Aided | 117 | 48.19 | 10.57 | 0.269 | Not Significant |
| Government | 83 | 48.60 | 10.47 | | |

Table-4 depicts that the t-value 0.269 is not significant at 0.05 level. Thus there is no significant difference in adjustment of school teachers with regard to type of institution.

Table 5: Adjustment of School Teachers based on Teaching Experience

| | Source of variation | Sum of squares | Mean square | df | F | Remark |
|-------------------|---------------------|----------------|-------------|-----|-------|-----------------|
| Adjustment | Between groups | 504.89 | 252.425 | 2 | 2.317 | Not Significant |
| | Within groups | 21463.506 | 108.952 | 197 | | |
| | Total | 21968.355 | | 199 | | |

Table-5 shows that the F-value is found to be 2.317 which is not significant at 0.05 level. Hence there is no significant difference in the adjustment of school teachers with respect to teaching experience.

FINDINGS

- The level of adjustment of school teachers is average.
- The level of adjustment of school teachers based on type of institution and teaching experience is average.
- There is no significant difference in adjustment of school teachers with respect to type of institution and teaching experience.

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