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#### Abstract:-

Moksha in Jainism differs from Nibbāna in Buddhism. Jainism, holding soul theory, expounds Moksha while Buddhism, rejecting the existence of soul, expounds Nibbāna. Moksha in Jainism is the liberation of soul from karmic bondage while Nibbana in Buddhism is the liberation of suffering. Moksha in Jainism exists in another world while Nibbāna in Buddhism exists neither in this world nor in the other world, nor between them. Moksha in Jainism is to be attained after death while Nibbāna in Buddhism is to be attained in this very life. Moksha in Jainism is to be attained by cutting off karmic bondage while Nibbāna in Buddhism is to be attained by eradicating mental defilements through attainment of Noble Path. Moksha in Jainism is a place where liberated soul remains forever. Nibbāna in Buddhism, however, is where there none of conditioned things remains.



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# THE CONCEPT OF LIBERATION IN JAINISM AND BUDDHISM

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#### THE CONCEPT OF LIBERATION IN JAINISM AND BUDDHISM

#### **INTRODUCTION**

To understand the Moksha in Jainism we should know first the main teachings of Jainism. Jainism teaches the two categories which are covering the universe. They are uncreated, everlasting, eternal and coexistent. The two categories are jīva and ajīva. Jīva is soul that is conscious while ajīva is non-soul that is unconscious. The common word Moksha comes from the Sanskrit root Muc- with the help of the formative –S. it means "to set free, release, deliver, draw out of. Given this etymology, we may define as the state of being liberated as well as the process of becoming free.

Some of the analogus words used to mean Moksha are Mukti, Nirvāna, Turiya, Kaivalya, Apavarga etc. these are not completely identical terms. However, we stick to the term Moksha primarily because in the description of purūsharthas it alone occurs in classical as well as modern usage, and secondarily because it used in a generic sense to denote all that is common to its variety of usages.

#### **JĪVAOR SOUL**

Jainism believes in existence of soul like all other the Indian systems except Buddhism. To mention a permanent entity, soul, various terms are used as ataman, purūsha or jīva. Jainism, however, uses the term, *'jīva''*.

Regarding to the soul there are various presentations. The presentation of soul in Jainism is thus: The soul extends in space like light and it fills the space. The soul itself is formless. But it takes the form of the body, which it illuminates. "The ultimate purpose of all life and activity in Jainism is realization the free and blissful state of our true being. True philosophy should result in removing all bondages (Karmas) in the process of purifying the soul." These souls are countless. They are substances and eternal. "All things in this world possessed souls". The all souls are qualitatively alike and quantitatively different.

These souls expand and contract themselves as size of the body where they lie. When the body is big, the soul becomes big. When the body is small, the soul is small. They are according to the dimension of the body they occupy at any time. The soul occupies the whole parts of the body in which they live. Therefore wherever there appears the cause of sensation the soul can at once feel it. Every soul posses consciousness. The consciousness is the soul's essence and has different degree. The lowest souls which lie in material atoms appear to be lifeless and unconsciousness. But they have life and consciousness in a dormant state.

The souls are divided into two types: trasa and sthāvara. Of them the *trasa* souls are those who have two senses, three senses, four senses and five senses. The soul of worms, etc., have two senses of touch and taste: that of ants, etc., has three senses of touch, taste and smell: that of wasps, bees, etc., has four senses of touch, taste, smell and vision: that of higher animals and human beings has five senses of touch, taste, smell, vision and mana. By the virtue of "*mana*" the human beings are called *sanna* (samjnin). But the other animals are called asanna (asamjnin) owing to not possessing of *mana*. But the sthāvara souls are those who have only one sense- that of touch. They live in the atoms of earth, water, fire and air and in the vegetables.

The soul is a real knower  $(j\tilde{n}ata)$ , a real doer (karta) and a real one who experienced (bhokta). The souls have body, senses and mana through which they know. All the souls in samsara have their purity and power covered with a thin veil of kamma matter, which has been accumulating in them from beginningless time.

#### Ajīva or non-soul:

Jainism believed in existence of not only soul, but of the things that are called non-soul also. Jainism calls them ajīva. The ajīva is divided into five: pudgala, dharma, adharma, ākasha and kāla.

#### Moksha in Jainism

Jainism prescribes a path to liberation (Moksha), consists of following trinity(ratna-traya): Right believe Right knowledge Right conduct

Right perception creates an awareness of reality or truth, right knowledge impels the person to proper action, and right conduct leads him to the attainment of total freedom. They must coexist in a person if one is to make any progress on the path of liberation.

As in Jainism karma is the most important alike in Buddhism although they are different in detail view. Here all Indian religions and creeds definitely based on the Karma or action. About Moksha and its linking with Karma mentioned "as long as the jīva or Ātma fettered by Karma, so long must it undergo rebirth, and it must be remembered that karma is acquired through good as well as through evils actions. If the karma accumulated in the past life was evil, the soul is bound to the cycle of rebirth by iron fetters, if good, by golden chains, but in either case it is bound, and until the karma is worked out, it must be reborn again and again. Karma is intimately bound up with the soul; accordingly, when the jīva leaves one body,

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the weight of its karma draws it irresistibly to another Gati (state), and there it forms round itself another body. Only when the soul is freed from good and bad alike can it attain the highest state and become a Siddha.

#### Nibbāna or liberation in Buddhism

The meaning of the word Nirvana (pāli Nibbāna) is extinction, while the word Moksha means liberation. Extinction of the mundane condition is Nirvana and the liberation from the same is Moksha. Both the terms thus contain and express the same idea. It is generally supposed that Buddhism preaches the philosophy of transitoryness or destruction that does not believe in the indestructibility of the soul or in the permanence of Nibbāna. It is supposition which has led to the general notion that the word Nirvana means total destruction or annihilation.

The definition of this idea is given by the author of the book "A comparative study of Jainism and Buddhism" noted that Nibbāna is total destruction or unnihilation. As with some of the other Buddhist concepts, the term Nirvana has sometimes been misunderstood by scholars. It is also by no means clear that all Buddhists understand the meaning and significance of the term in the way in which it was understood in the early Buddhist texts. Some have considered Nirvana to be a state of annihilation. Others deem it to be identical with the divinity and identify Nirvāna with the Brahman Upanisads. Yet others who regarded Buddha as an Agnostic thought that he had no clear conception about it, since what was important was to find a solution to the problem of human anxiety and suffering rather than be concerned with the nature of ultimate reality.

In the historical context, there is no doubt that early religious traditions were influenced by the conception of Moksha. At that time, the concept of Moksha was considered to be the highest goal of life for the Indian traditions. Yet within Indian traditions, the different schools differ with the regard to the nature of Mukti, the means for its realization, and Moksha, the experience of release, because of their different metaphysical positions and attitudes. In Jainism, Moksha literally means release. This means that it is the liberation of the soul form evil and from further transmigrations.

Nibbāna or Moksha, these two words are seen in this article as I did and gave the definition their fiction and sense. Now, Nibbana in Buddhism will be explained its sense and the practices. "The term Nirvana (Pali- Nibbāna) is claimed in the Buddhist texts to be pre- Buddhist in origin, although the term such is not to be found in the extant pre- Buddhist literature. The BrahmajālaSutta refers to several schools of thoughts, which put forward different 'theories about Nirvāna that could be attained in this life. The thinkers who posited these theories resembled in some respects the modern existentialist philosophers, who are concerned about the solutions to the problems of human anxiety and suffering and have found various theories concerning the nature of authentic living, which gives inner satisfaction to people and makes it possible for them to escape their boredom and anxiety. In other respects, these thinkers resemble the mystics of the different traditions, such as the Christian or Islamic, who claim to have found ultimate happiness in some contemplative mystic experience."

So, there are definitely different views between Jainism and Buddhism in regarding the Nirvāna, although these two great religions accepted Nirvāna which especially mentioned Moksha Jainism.

On the other hand, when we examine the pure etymology of the term, we find that the word is formed of the components, the prefix- Nir- and the root Vāna, meaning 'to blow'. The word would therefore mean "blowing out' or 'extinction'. On the occasion on which the Buddha finally passed away into Nirvana Anuruddha described the Parinibbāna of the Buddha as, the final liberation of mind was like the extinction of a lamp.

Definition of Nirvāva in two Buddhist schools: Theravada and Mahayana or the theories of elders and the great vehicle in meaning. Now the different of Nirvana of those two schools given as follow. "In fact, the doctrines of the two schools are fundamentally based on the teachings of the Buddha. Some interpretations or some definitions are agreeable to one another, but some are not. Both have common goal, which is to reach Nibbāna. In general, the two schools are struggling for the interpretation of Nibbnāna. Most Theravādin followers view that enlightenment(Nibbāna) is a potential so that one can attain it through practice in this very life, while most Mahayana followers view that Nibbāna already exist in everyone, so that one can attain it through practice. Yet both schools emphasize Nibbāna as freedom from illusion or ignorance".

Although they have different views on Nibbāna in their perspectives respectively, the main one is not differ from one to another for reaching to liberation or Nibbāna. There is no doubt that some Theravada Buddhist attempt to realize the teachings of the Buddha and his doctrinal view of liberation based on a practical approach, Mahayana did it too with practice. To note here for jains, there are two different schools as Swetambara and Dīgambara, but they are not differ in practice to reach Moksha in a practice way alike Buddhism.

"We only present the Buddhist understanding of Moksha. Suffering is the basic fact of life. Desire is that causes this suffering. For it gives birth to attachment, greed, anger, delusion, lust, aggressivity, and so on. This is the way desire ties down human life to the cyclic process of birth and death. According to this Buddhist world view, Moksha consists in overcoming the cause of suffering and ultimately in freeing oneself form the process of rebirth. How to do is? This is to be done through meditative introspection and by

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following the eightfold path of ethics. Thus finally we reach Nibbāna, the word or Moksha in Buddhism. The meaning of Nibbāna is a matter of dispute and is connected with antmāvada. Without getting involved in this dispute, we may take the usual understanding of Nibbāna as meaning extinction of the self. It is the definitive blowing out of fire of desire and the total extinction of the cause of suffering.

#### CONCLUSION

The meaning of the word Nirvana is extinction, while the word Moksha means liberation. Extinction of the mundane condition is Nirvana, and liberation from the same is Moksha.

As a conclusion, for Jainism the teachings of Mahavira lead to Moksha, release from the transmigration is made up of right believe, right knowledge and right conduct. In teachings of Mahāvira, he said that" there is no right conduct without right knowledge and no right knowledge without the right believe. These three were called in Jainism as the Triratna or three triple gems. It is a conclusion for Jainism is that Jainism based on the three triple gems, which can carry a person to liberation. And for Buddhism, The essence of the Buddha based on the four noble truths: suffering; its cause; its cessation, and the path leading to the cessation of suffering. The way Nibbāna, liberation in Buddhism or the path that leads to the cessation of suffering, higher wisdom and peace of mind is known as the noble eightfold path or middle path. This path consists of morality (Sīla) concentration (Samādhi) and wisdom (paññā). We concluded that Buddhism is nothing but only the four noble truths that lead to Nibbāna.

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