

# GOLDEN RESEARCH THOUGHTS

## A STUDY OF THE PROBLEM OF ALIENATION AMONG ADOLESCENTS OF SIRSA DISTRICT OF HARYANA



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### Abstract:-

The processes of alienation usually first attack a society at the top. That is, the feelings of disorder, of aimlessness and inner decay first overtake its most intelligent members. By "most intelligent" we mean those people who perceive, articulate, amplify, conserve and defend the cultural values of civilization. This means the artists, the writers, the teachers, the doctors, the moral leaders, sometimes the scientists and occasionally the statesmen.

**Keywords:** Adolescents Of Sirsa ,society , intelligent members , literature various novels

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## INTRODUCTION

Alienation is a very commonly prevalent phenomenon. There is more or less alienation in every human being. This alienation can be from work, family, friends, education, culture, religion and society etc. Entfremdung (Estrangement) is Karl Marx's theory of alienation, which describes the separation of things that naturally belong together and the placement of antagonism between the things that are properly in harmony.

Theoretically, Entfremdung (Estrangement) describes social alienation of people from aspects of their human nature as a consequence of living in a society stratified into social categories. Alienation is the systematic result of living in a stratified society, because being mechanistic part of a social category alienates a person from his or her humanity. Alienation is a well-known predictor of deviant behaviour such as drug abuse, alcohol use, crime, truancy and suicide.

In literature various novels had been written, which deal with the problem of alienation among human beings. Crime and Punishment written by Russian novelist Fyodor Mikhailovich Dostoevsky deals with the story of an alienated young man. The world presented in Crime and Punishment by Fyodor Dostoevsky is quite harsh and there are few examples of people who are either comfortable or provided for. Certainly this is the case with Raskolnikov (also called Rodya or Rodion) and his family. This desolate landscape and setting further emphasizes the theme of desolation, isolation, and alienation. For this essay you could take two directions. First, you could examine the setting itself and describes ways in which it is in itself alienating. For a longer essay, could incorporate ideas about the setting with the ways in which characters as alienated from society. Raskolnikov would be the best example and you could discuss how he is alienated because of his worldview and finds, in his own personal philosophy, that he is superior and others only exist to serve him in some way.

## Alienation

Alienation is a state of feeling estranged from one's surroundings. An alienated person does not have any sense of belongingness, love, remains isolated and estranged. This condition emerges due to lack of the capacity to fit in social structure, unfulfilled aspirations and poor mental health. For example, due to capitalism a labourer can feel alienated from his work. There is one more example of parental alienation, where a child is distanced away and can develop a feeling of hatredness for his parents. Mainly alienation starts from family and situations of society.

Alienation is the sense of self-estrangement as a human being, it is a psychological experience perceived by individuals under a specific social structure (Park, 1996).

## Review of Related Literature:

**WolfStetter –Kausch; Heidi, Gaier, Eugene L.(1981)** Studied about "Alienation among black adolescents." A study of alienation among 32 black high schools students of both sexes indicated that the students were alienated from both society and school. The hypothesis that females are less alienated than males was not supported. A reconsideration of the concept of matriarchy, as applied to the Black lower class adolescent is proposed.

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**Clifford J. Micheal (1981)** of university of Wisconsin-River Falls wrote an article "Some determinants of work alienation."The results suggest that individual work values interact with perceptions of the work situation to produce different levels of self-estrangement within each occupational group. Furthermore, multiple regression analysis indicates that job conditions are significantly more important than background factors for explaining feelings of self-estrangement. In particular, lack of control over task activities (powerlessness) and lack of meaningful work (meaninglessness) are found to be the most powerful predictors across all occupational groups. The implications of these findings are discussed.

**Calaberse RL (1987)** presented an article "Adolescents: A growth period conducive to alienation."This paper clarifies the relationship of alienation to the period of adolescence by developing a portrait of the alienated and the at-risk adolescent. Current research on adolescent alienation follows two converging themes, the socio-psychological, where deviant behaviour is viewed as evidence of adolescent estrangement from self and society, and the sociological, where alienation is divided into a series of dimensions for empirical assessment. These two perspectives converge to describe the alienated adolescent.

**Roger L. Dudely, C Robert Laurent (1989)** of Oxford University, published an article on "Alienation from religion in church –Related Adolescents. This research paper explores the relationships between alienation from religion and other selected variables among church-related adolescents. The sample consists of 390 high school students attending three youth conferences sponsored by Protestant judicatories. The teenagers completed the Youth Perceptual Inventory, which included a scale to measure religious alienation and seventeen other scales to measure the independent variables. While most of the adolescents did not appear to be highly alienated, there was a wide range in the alienation scores. Multiple regression revealed that religious alienation in teenagers is highly related ( $R = .76$ ) to the quality of their relationships with pastors and parents as well as to opportunities for church involvement, their own self-concepts, and the influence of peer groups and the media. All but one of the research hypotheses were supported, but pastoral and church influences ranked considerably higher than parent and home influences.

## Justification of the Study:

Youth is the future of any country, an investment towards future. Adolescence is the future building period of an individual. Every adolescent's wants to be the centres of attraction .They are very sensitive, touchy and inflammable. They need proper care and guidance. Due to lack of proper care and guidance, they start becoming pessimistic. They feel alienated among their well-wishers .They become negative in behaviour. They tend to grow up in problem youth, which is very harmful.

The need is to understand their problems and complexities, during this period and impact of alienation .From educational point of view, for a teacher it is very necessary to understand the problems of their students and help them in facing the problems during this period. As being in the field of education, this study is undertaken to study the problems of adolescents concerning with alienation.

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## Statement of the Problem:

A STUDY OF THE PROBLEM OF ALIENATION AMONG ADOLESCENTS OF SIRSA CITY OF HARYANA.

## Objectives

1. To study the impact of alienation on the rural and urban adolescents i.e boys and girls.
2. To study the impact of alienation on urban and rural boys.
- 3 To study the impact of alienation on urban boys and rural girls.
4. To study the impact of alienation on urban girls and rural boys.
5. To study the impact of alienation on urban and rural girls.

## Hypotheses:

1. There will be no significant impact of alienation on rural and urban adolescents.
2. There will be no significant impact of alienation on urban boys and rural girls.
3. There will be no significant impact of alienation on urban girls and rural girls.
4. There will be no significant of alienation on urban girls and rural boys.
5. There exists no significant difference between the alienation scores of urban and rural boys.

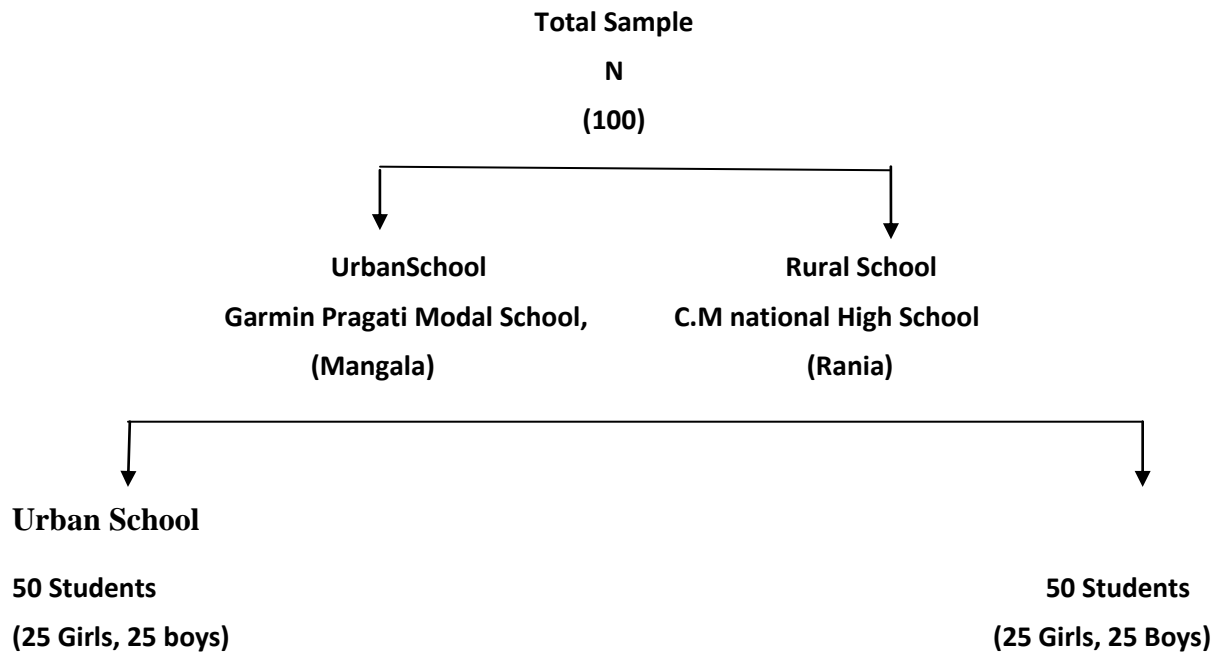
## Design of the Study:

The present study was designed to investigate the problem of alienation among adolescents .The normative survey method was used for data collection.

## Sample:

For collection of data the investigator first of all chooses suitable sample. The present study was conducted on 100 school students of private schools of rural and urban area. The sample break up is as follows:

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### Tool Used:

For the present study, Student Alienation Scale was used which was developed by Dr. R. R. Sharma.

### Description of the Tool:

This scale has been developed by Dr. RR Sharma, Education Department University of Garhwal, and Srinagar. It

### Scoring:

There are 54 items in the Student Alienation Scale. The respondents have to response in agree and disagree. Each agreed statement carries the value of 1 mark and each disagreed statement carries no mark. Sum of the total in five dimensions give the total alienation score on the scale.

### Data Collection:

The researcher visited the rural and urban schools for data collection .The investigator approached the concerned heads and principals of the school .In every school the test was held on the same day. 100 students were given the necessary instructions from the test. The test was distributed among them, they were asked to mark their response in the given space within 20 minutes. The verbal instructions were also given to students. The investigator built a very good rapport with the respondents.

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## Administration of the Student Alienation Scale:

Student Alienation Scale can be conveniently administered in group testing situation. A good rapport was established between the investigator and the candidates. Students were given 20 minutes to complete the test. Before the test instructions were given by the investigator.

## Statistical Technique:

Raw scores have no value in themselves, unless they are subjected to statistical treatment, in the present study Mean, Standard deviation and t-test has been applied. Descriptions of all these methods have been given below:

### Mean:

The investigator calculated the mean adjustment in different fields. The formula used is given as under.

$$\text{Mean} = \frac{\sum X}{N}$$

Where X stands for the sum of the scores of one group and N stands for the no. of individuals.

$\sum X$  = Total of obtained scores

N = Total No. of Students

**(b) Standard Deviation:** To calculate Standard deviation the investigator used following formula.

$$S.D. = \sqrt{\frac{\sum (X-M)^2}{N}}$$

N = Total No. of Students

X = X - M

M = Mean

Therefore X = Deviation

**(c) In order to apply t-test in mean units, formula used was:**

$$\sigma D = \sqrt{\sigma_1^2/n_1 + \sigma_2^2/N^2}$$

$\sigma D$  = standard error of difference between two means

$\sigma_1$  = standard deviation of the first group

$\sigma_2$  = standard deviation of the second group

$N_1$  and  $N_2$  = sizes of sample

To calculate 't' ratio, formula used was

$$t = D/\sigma D$$

Here  $D = M_1 - M_2$

$M_1$  = Mean of the sample

$M_2$  = Mean of the second sample

D = Difference between two means

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(Garret, 2004, PP 213-215)

Table D, was used to check significance at .01 to .05 level of confidence.

(Garret, 2004, PP 461)

## Delimitations of the Study:

- ❖ The study will be delimited to the private schools of SIRSA city of HARYANA.
- ❖ The present study will be delimited to 100 students of private schools of urban and rural area.
- ❖ The present study will be conducted in English language.

## Major findings of the Study:

1. There exists a significant difference between the alienation of rural and urban adolescents. The alienation score of rural adolescents are higher than the urban adolescents' .So; rural adolescents are more alienated than urban adolescents.
2. There exists a significant difference between the alienation scores of urban boys and rural girls. Rural girls have higher alienation scores than urban boys. So, the rural girls are more alienated than urban boys.
3. There exists a significant difference between the alienation scores of urban girls and rural girls. The rural girls have higher scores than the urban girls' .So, the rural girls are more alienated.
4. There exists no significant difference between the alienation scores of urban girls and rural boys.
5. There exists no significant difference between the alienation scores of urban and rural boys.

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