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Golden Research  
Thoughts

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f='kj .kkpk vH; kl



I ns'k ok?k

I g; kxh i k/; ki d] bfrgkl foHkkx] epbz fo | ki hB-

Short Profile

Sandesh Wagh is working as an Associate Professor at Department of History in Mumbai University, Mumbai. He has completed M.A., B.Ed., SET., Ph.D. He has professional experience of 14 years.



i Lrkouk %&

Hlxoku cqn vkf.k R; kpk /kEe fl /nkar I etu ?srkuk eG /kEe fl /nkar I etu ?ks svko' ; d vkgs cqn rRoKku vf.k ekuoh thou ; kph I kxM ?kkyrkuk f='kj .k gs , d ed; Hkkx Eg.kuu i kfgY; k tkr s ed; r% f='kj .k Eg.ktsrhu 'kj .kkxeu

cqn 'kj .k /kee 'kj .k I ak 'kj .k

; k rhu 'kj .kkps eG Lo: i gs i kfy e/; s vH; kl U; kl feGr s i kfy

I kfgR; kr f='kj .kxeu >KY; k f'kok; dks kR; kp i kfy mPpkj kph I q okr gkr ukgh-

I a wKz cqn rRoKkukpk I xg] omu] dFku gs f='kj .kki kl up >kys vkgs eG cqn rRoKku I etu ?ks ; kl kBh f='kj .k I etu ?ks svko' ; d vkgs cqn Eg.krkr ---

f='kj .k xeu >KY; kf'kok; cksN fHkD' kqfdok cqnkuq k; h ; kph fHkD' kq Jj ke. kj ] vuq k; h Eg.kuu fn{kk I a Uu gkorp 'kdr ukgh-\*\*

vFkkz f='kj .kkxeu gs I a wKz cqn rRoKkukpk i kj fHkd mxe vkgs f='kj .kkxeu cqn rRoKku mxe I etu R; kpk vH; kl gks svko' ; d vkgs

f='kj .k mxe %&

b-I - i wZ 2559 o"kkz i wZ i kphu tcf}i o orZeku Hkkjr o"kkz i kphu Hkkj rpkp , frgkl d i q "k fl /nkFkz xks e xgR; x d: u txkyk nqk epR dj .kkU; k rRoKkukP; k 'kkskl fu?kksy

vud ekxkpk voye dsk] ri i kjā kjhd deZkM] v[kj /; ku&l k/kuk ¼Meditation½ vk/kkj s  
fl /nkFkZxksrekl vkmhp gttkj o"kkZ i wZcxs/kx; k ; Eksos kk[k i kš. kZk fnuh l dkgP; k i gkj h nq[keD rhpk ykHk  
>kyk- fl /nkFkZxksre vkrk dG xksre u jkgrksrs, d vjgr] l E; d-l Ecq[n] >kys

fo' okrhy vfo/kpk v%kdkj i kP; k l k{kkRdkj kus u"V >kyk- l d kj r i R; d ekuo l Ro nq[keD r  
gkōw' kdrkskgn0; l nš k Fkkj cānkauh txkyk fnyk-

vfo|kor vDLFksu vl R; kl l R; eku.kkū; k] vKkukl Kku l et.kkū; k] ?ku?kkj vfo|k: ih  
v%kdkj i Kki zdk'k eku.kkū; k ekuoh l d kj kl ; FkkFkZ i Kk] l E; d l R; vkf.k nh?kZ l q[kkdMs?kōw tk.kkj k  
ekxZcānkauh; k l d kj kl i nku dsk-

dkS M.; ; oli] Hkfl; ; egkuke vkf.k vk' othr ; k i poXxh; fHKD[kq l ekj Hkxoku cānkauh vki Y; k  
i fgY; k cān opukl i zdk' khr dsk

J"khiru emnk; oukr >kyš; k i fgY; k cānki nš kkl ^/kEe pDd li or.kk; \*\* vFkkZ /kEepØ  
i d r ū Eg.krkr-

oSkk[k i kš. kZk cānkRokP; k : i kusi fgys'kj .kkxeu ful xkā i ktr >kys

cāna l j .ka xPNkfeA

vk"kn i kš. kZk l kjukFk ; Fkhy J"kheru exnk; oukr i fgYk cānki nš k nōuw /kEepØ i d r ū  
?kMohys vkf.k ful xkā nq js'kj .kkxeu i ktr >kys

/kEea l j .ka xPNkfeA

rFkkxr Hkxoku cānkpk i fgYk mi nš k ¼kEe&i opu½ i qhy rhu efguspkys i poXxh; fHKD' kq šh  
dkS M.; ; kd i opu Jo.k djhr vl rkaup vjgr ¼nq[keD rh½ i n i ktr >kys fHKD' kq; k nh?kZ Jo.kk urj  
cān i Fke vkns k nškr-

^pj Fk fHKD[kos pkfj dā  
ykd ku dEi k; ; vrk; ; fgrk;  
nō&euq l kuA

l d kjkrhy turP; k ykd dY; kukFkZ fHKD' kqks ful xkP; k fofok fn'kkauk fopj.kdj k nō vkf.k  
ekuokP; k v/; &e/; o var fgrkl kBh eh l kxryš; k ekxZps mRre i zdkj} ; FkkFkZ Lo: i kr ekxh' k ū  
¼mi nš k ½ dj k-

ykd kōj vupEi k ¼eš-h½ d: u l d kjkrhy gk , deo nq[keD rhpk ekxZ vkgs vl si fri knhr dj k-  
vki Y; k Lo; anq[keD rhP; k i dkl kpk vuqko dHku dj k- txkyk cān ekxkōj ?kōw ; k- gkp rHkkxr l nš k  
?kōw i poXxhe fHKD' kqfu?kkyso /kEe i pkj kl i kj āk >kyk-

Hkxoku cānkP; k cānrRoKkuk us i Hkko hr gkōw ^; 'k\* ukokpk jkt dēkj cānkadMs vkyk o R; kaus  
vtD; cān fHKD' kq gks; kph LobPNk 0; Dr dskh- ; gh fHKD[koš vl s Eg.ku i fgYh fn{kk l ā ū >kyh-  
i kgrk&i kgrk l ā wZ tēc} i kr l oē dk"kk; oL=kpk i Hkko fuekz k >kyk- gttkj ks ykd l d kjkpk R; kx d: u  
cān fHKD' kq ākk l kfey >kyso frl js l jukxeu ful xkā ykHkys

l āka l j .ka xPNkfe!

f='kj.kkpk vH; kI

cq/n /kEe vkf.k I ak ; k f=j RukFk vupknu dY; kf'kok; ckSn fHkD'kq; k i nkl i klr gks'kp ; s u0grs

f='kj.k vFkZ%¼Meaning½

cq/na I j .ka xPNkfeA  
/kEea I j .ka xPNkfeA  
I aka I j .ka xPNkfeA

vFkZr eh cq/nkl 'kj.k tkrkS eh /kEekI 'kj.k tkrkS eh I akkl 'kj.k tkrks

nqr; fE; cq/na I j .ka xPNkfeA  
nqr; fE; /kEea I j .ka xPNkfeA  
nqr; fEi I aka I j .ka xPNkfeA

vFkZr eh nq U; kank cq/n] /kEe vkf.k I akkl 'kj.k tkrks

rfr; fEi cq/na I j .ka xPNkfeA  
rfr; fEi /kEea I j .ka xPNkfeA  
rfrFkFE; I aka I j .ka xPNkfeA

eh fri U; kank cq/n] /kEe vkf.k I akkl 'kj.k tkrks

ckSn rRoKkuke/; s'kj.k ; k 'kCnkpk vFkZ^vud j rks vI k fLodkj yk vkgs eh cq/nkyk vud j rks /kEekyk vud j rks eh I akkyk vud j rks

vud j .k Eg.kts vkpju]

vud j .k Eg.kts vkpju] ekxDeu] fLodkj] I dYi] eh cq/nkyk vud j rks Eg.ktp cq/nkauh T; k rRoKkukpk voye d: u cq/nRo i klr dsysR; kp cq/nRokl i klr dj. ; kpk eh iz Ru dj rks

eh /kEekyk vud j rks Eg.kts cq/n}kj k mi ns khr /kEekr vixdr vI yY; k /kEefI /nkr ekxkbj ekxDehr gksou eh nq[k eDr gks ; kpk iz Ru dj rks Eg.ktp

/kEea I j .ka xPNkfe-

eh I akkyk vud j rks Eg.kts cq/n}kj k LFkfi r /kEe ekxkps ¼fou; ½ i ky d: u nq[keDrh i klr dsys; k I akkP; k vkn'kkps i ky dj. ; kpk I dYi dj rks Eg.ktp ----

I aka I j .ka xPNkfe-

ckSn /kEekr f='kj.kkpssegRo %¼Importance½

vkraj j k'Vh; ckSn I d'rhr ekuyY; k vkf.k ekuoh thoukr ?kMuu ; s kkU; k , dwk 10 I ddkj kph I q okr gh f='kj.k xg.k dY; k f'kok; gks ukgh- ckSn /kEe fLodkj dj. ; kI kBh f='kj.kxeu dj .ks vfuok; Zvkgs

cān fogkj krhy l dkGP; k o l k; adkGP; k cān&i nēk ¼i kj FkZ kk½ l q okr; f='kj .k xg.k d: u gkrs

ckšn fHKD' kq fn{kk  
vk; kph fn{kk  
Jke.kj fn{kk  
mi kl d@mi kfl dk fn{kk  
Jke.kj fn{kk  
mi kl d@mi kfl dk fn{kk  
vukxfj d&vukxkj hdk fn{kk

ckšn rRoKkukr varHkz vl yš; k i R; d fn{kkp i kj bk gk f='kj .kxeu xg.k d: up dj .; kr ; rks  
ojhy dks kR; kgh Lo: i krhy fn{kk xg.k dj .; kvxknj ekuoh ekul 'kān dj .; kgrwf='kj .kkxeu  
onu dj .; kr ; rs f='kj .kxeukusekuoh ekukph 'kānrk gkrs ekuoheukrhy l ožvkJo vkf.k fodkj kōj  
ekr dj .; kgrqvkpk; Zi Fker%f='kj .kxeu i nku dj rkr-

f='kj .k Eg.ktp cān] /kEe o l akkP; ki rē l efi ž Hkkouk- ru] eu vkf.k /kukus l efi ž gkōu eh  
vktle fHKD' kq i nph fn{kk xgo dj rks vFkz l efi ž Hkkouk mRi Uu >ky; kf' kok; i why cānkoLFkk i ktr  
dj .kstoG&toG v'kD; vkgs

cānal j .kaxPNkfeA Eg.kts, [kk | k O; fDrl 'kj .k tk.ksvl sukgh- cān gk 'kCn dōG oržeku vkf.k  
i R; {k cānkP; k i rē l akhr ul ū rsckškh ¼Kku½ dōG Kku ul ū fo'kān Kku Egk. ts cān- l E; d Kku  
Eg.kts cān] f=dkykck/khr i Hkko 'kkyh vl .kkū; k nē[kēp rhp; k] Hkocākkru] vJokru] epr cānk;  
vuđ j rks

; p cānk vfrnk; ] ; p cānk  
vukxrA i pū Uukp ; s cānk  
vga omkfe l CcnkA  
; p /kEek ----  
; p l akk ----

eh dōG oržeku cānkpp Lej .k dj rks vl sukgh- HkrdkGkr gkōu xysy cān /kEe vkf.k l ak  
oržeku dkGkr LHk i hr vl syk cān] /kEe] l ak rl p Hkfo"; kr LHkfi r ¼mRi Uu½ gks kkj s cān] /kEe vkf.k  
l ak ful xkP; k frugh dkGkr vflrRo: i kusLFk i hr vl yš; k f=j Rukl eh 'kj .kkxeu dj rks

l keU; O; fDreRok; cān rRoKku vkf.k nē[kēp rhp; k i rē vxk/k l E; d J/nk o fo'okl fuekZ k  
dj .; kl kBh ckšn l kfgR; kr f='kj .kkpsvuU; l k/kkj .k vl segRo vkgs

### l anHk%

1½MKW fHkej ko j keth vkāMdj] cān vkf.k R; kpk /kEe] l erk i zdk'ku ukxi j] rrih; vkořh 2006-  
2¼rkxMs' kke] ckskhl Ro vlcMdj kps cān /kEe fe'ku] i Kk ešh i fr"Bku] ukxi j] i Fke vkořh 2005-  
3¼ekj sek- 'k-] Hkkj rkrhy cān /kekpk bfrgkl ] dks kY; i zdk'ku vkš akckn] i Fke vkořh 2012-  
4¼MKW xk; dokM fni d] eat Gdj , -ds] ok?k , l -, e- ¼l ā knđ¼ MKW ckckl kgc vkāMdj l -duotū VW  
cān>e] l q 'k i zdk'ku] i qkš i Fke vkořh] 14 , fi y] 2007-  
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