



Certificate

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Golden Research Thoughts

This is to certify that our Editorial, Advisory, and Review Board Accepted Research Paper of Dr. /Shri. /Smt.: **Pramod, S. K. and Merin George** Topic:- **Impact Of Participation In Workplace Wellness Programs On Quality Of Work Life Among It Employees In Bangalore** College:- **Assistant Professor , Department of Psychology , Christ University , Bangalore** . The Research paper is Original & Innovative it is Done Double Blind Peer Reviewed. Your Article is Published in The Month of **August** Year 2014



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Author's Profile



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Happy Writing...

Article Review Report



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ORIGINAL ARTICLE	Your Article QR Code
Received : 15 th July .2014, Published: 1 st August.2014	
<p>Vol. IV, Issue : I, August - 2014</p> <p>IMPACT OF PARTICIPATION IN WORKPLACE WELLNESS PROGRAMS ON QUALITY OF WORK LIFE AMONG IT EMPLOYEES IN BANGALORE</p>	
	
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Happy Writing...

ABSTRACT:

Health is wealth. Since health is very much required for the effective functioning of an individual, it is very important to enhance and maintain it. With the increase in the amount of money spent by employers on health insurance.

Abstract Report: The Title Accurately Said The Study was About.

INTRODUCTION:

Employees spend about one-quarter of their lives in work setting. Today's workplace is so demanding and challenging that employees feel stressed out in completing their jobs, maintaining good relationship with co-workers, coping with the technology and organizational changes and creating a work life balance.

Introduction Report: This Article Include Full Introduction, Methods, Results & Introduction Section.

METHODS & MATERIALS:

The plan and procedure for the investigation is presented under various headings.

Methods & Materials Report: Tables/Boxes/Diagram & Images are Used to Explain Specific Points or Background Information. Figures That The Plotted Parameters are Clearly Mentioned.

RESULT:

The objectives of this study were to compare the quality of work life of employees' participating in wellness programs and who do not. Another objective was to find out if gender had an impact on the quality of work life of employees' participating in the wellness program.

Result Report: Figures are Imported to Provide Explanation for Background Information. Conclusion of This Paper Clearly Supported Results.

CONCLUSION :

Wellness programs aims at improving the health and help employees to lead a healthier life style which will allow them to cope better with stress at work. In short, it is a proactive measure taken by organizations to reduce medical care costs and to improve the quality of work life.

Conclusion Report: The Text is Rounded off with a Conclusion that Discusses the Implication of The Findings & Ideas Discussed & Their Impact on Future Research Direction.

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- Mattke, S., Schnyer, C., & Busum, K. V. (2004). A Review of the U.S. Workplace Wellness Market. RAND Health.
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Reference Report: There are Places where the Author Pramod, S. K. and Merin George Need to Cite a Reference, but Have Not

RECOMMENDATIONS:

Abstract Report: Introduce New Regular For Content & Communication.

SUMMARY OF ARTICLE:

	Very	High	Average	Low	Very Low
1. Interest of the topic to the readers	✓				
2. Originally & Novelty of the ideas		✓			
3. Importance of the proposed ideas			✓		
4. Timelines		✓			
5. Sufficient information to support the assertions made & conclusion drawn					
6. Quality of writing(Organization, Clarity, Accuracy Grammer)	✓				
7. References & Citation(Up-to-date, Appropriate Sufficient)			✓		

This Article is Innovative & Original, No Plagiarism Detected

Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC



Future Research Planning :

1. 2nd To 3rd August 2014 12th International Conference Of Management And Behavioural Sciences ([Http://Smbs.In/Newsdetail.php?id=39](http://Smbs.In/Newsdetail.php?id=39))
2. 2nd To 7th September 2014 International Multidisciplinary Scientific Conferences On Social Sciences And Arts ([Http://Sgmsocial.Org](http://Sgmsocial.Org))
3. 1st To 2nd October 2014 International Research Conference On Business, Economics And Social Sciences, IRC-2014. ([Http://Www.Ircconferences.Com/Upcommings/Malaysia-Conference.Html](http://Www.Ircconferences.Com/Upcommings/Malaysia-Conference.Html))
4. 1st To 3rd November 2014 3rd Global Conference: Play ([Http://Www.Inter-Disciplinary.Net/Probing-The-Boundaries/Making-Sense-Of/Play/Call-For-Papers/](http://Www.Inter-Disciplinary.Net/Probing-The-Boundaries/Making-Sense-Of/Play/Call-For-Papers/))
5. 1st To 4th December 2014 CPSYC 2014 International Congress On Clinical And Counselling Psychology ([Http://Www.Futureacademy.Org.Uk/Contentconference.aspx?Code=2&Description=CPSYC_Conference&Conference_Code=2](http://Www.Futureacademy.Org.Uk/Contentconference.aspx?Code=2&Description=CPSYC_Conference&Conference_Code=2))