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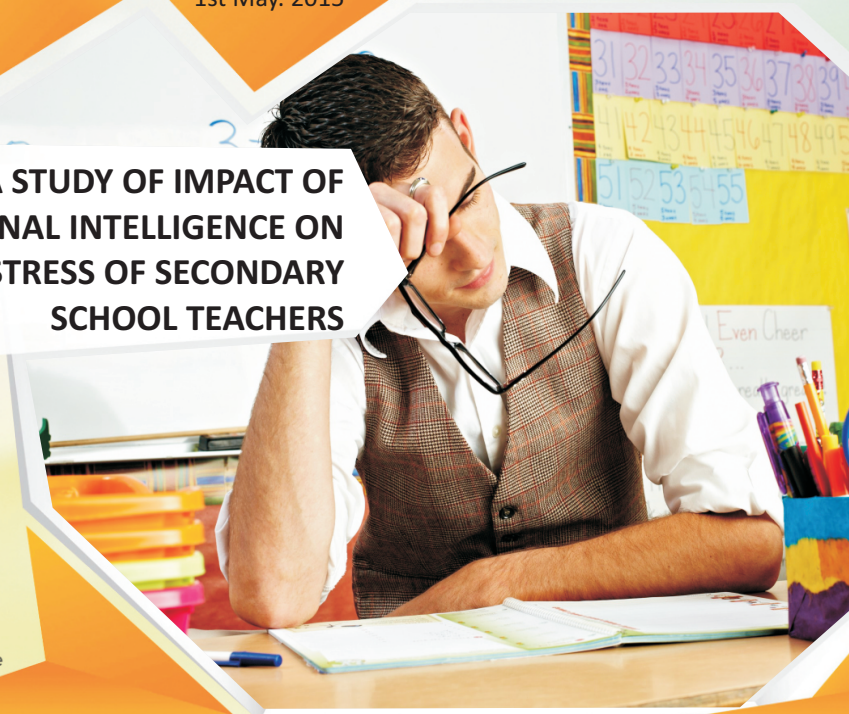
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A STUDY OF IMPACT OF EMOTIONAL INTELLIGENCE ON JOB STRESS OF SECONDARY SCHOOL TEACHERS

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Sharma

ABSTRACT

The Study seeks to explain the impact of Emotional Intelligence on Job Stress among secondary school teachers. The sample of the present investigation is drawn from Govt. and Private Schools of Jammu Province by making use of simple random sampling technique and comprised of 600 teachers (300 male and 300 Female). Emotional intelligence inventory developed and validated by Dr. (Mrs.) Shubra Mangal and Job Stressors Scale developed and validated by Dr. (Mrs.)

Article Indexed in



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Education , University of Jammu.**

Introduction

Stress is the mental or physical tension caused by some urgency or pressure. Some amount of stress is inevitable and essential in mobilizing the potentialities of the individuals to work more efficiently.

A Good Introduction :-

Depict the significance (importance) of the study - why was this value doing in any case? Give a wide connection. Extremely briefly depict the exploratory configuration and how it achieved the expressed destinations.

Materials

Simple random sampling technique was used in the selection of sample of the present study. The study was conducted on a random sample of 600 (300 males and 300 females) teachers of secondary schools of Jammu province.

A Good Materials :-

Materials may be accounted for in a different passage or else they may be distinguished alongside your systems. In biosciences we habitually work with arrangements - allude to them by name and portray totally, including convergences of all reagents, and pH of watery arrangements, dissolvable if non-fluid.

Result

In the present investigation the teachers with high emotional intelligence are found to have low job stress. This result is not surprising. By the nature of the construct of emotional intelligence, it is expected that the understanding of one's and other people's emotions.

A Good Result :-

Abridge your discoveries in content and show them, if fitting, with figures and tables. In content, depict each of your outcomes, guiding the per user toward perceptions that are generally significant.

Conclusion

Emotional intelligence is the ability to restrain negative feelings such as anger, self doubt, stress and understand others' feelings and manage those. Emotional intelligence focuses on positive feelings such as confidence, empathy & congeniality.

A Good Conclusion :-

You may propose future headings, for example, how the analysis may be adjusted to achieve an alternate target. Clarify the majority of your perceptions however much as could be expected, concentrating on systems.

References

- Akinboye, J.O., Akinboye, D.O. & Adeyemo, D.A. (2002). Coping with stress in life and workplace. Stirlin-Horden Publisher (Nig.) Ltd.
- Alkinson, J.M. (1999). Coping with stress at work. New Delhi: Harper Collins India Pvt. Ltd.
- Antonious, A.S. & Polychroni, F. (2006). Gender and age difference in occupational stress and professional burnout between primary and high school teachers in Greece. British Journal of education Psychology, 21.

A Good References :-

There are Places where the Author Darshana Sharma Need to Cite a Reference, but Have Not

SUMMARY OF ARTICLE

No.		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers		✓			
2.	Originally & Novelty of the ideas	✓				
3.	Importance of the proposed ideas		✓			
4.	Timelines			✓		
5.	Sufficient information to support the assertions made & conclusion drawn	✓				
6.	Quality of writing (Organization, Clarity, Accuracy Grammer)	✓				
7.	References & Citation (Up-to-date, Appropriate Sufficient)		✓			

FUTURE RESEARCH PLANNING:

1. INDIAN SUSTAINABILITY CONGRESS BANGALORE, India (<http://isustainability.in/>)
2. International Education Conference New Delhi, India (<http://sassconference.gnbo.com.ng/>)
3. A Training program on "Incorporation of Pedagogy in Engineering Education"(<http://cce.iisc.ernet.in/Pedagogy1.pdf>)
4. Internet Course on Environmental Management (http://cce.iisc.ernet.in/EM_2013.pdf)

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REVIEWER COMMENTS

- The writing audit was careful, the approach was carefully exhaustive and fused the utilization of sufficient quantities of tests in dust size examination and blast tests.
- I discover no shortcoming at all with the routines, information examination, or conclusions.
- The work, as with all work advancing from this specific gathering, is generally sound.

Authorized Signature

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Review Editor

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