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ORIGINAL ARTICLE

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BLOOD PRESSURE AND VITAL CAPACITY OF ATYA-PATYA AND KHO-KHO PLAYERS



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ABSTRACT

The main purpose of this study was to compare the blood pressure and vital capacity of National level Atya-Patya and Kho-Kho male players. To achieve the purpose of the study, data was collected from sixty players of each game. The age of the subjects were ranging from 18-25 years. The data collected was treated with the statistical technique 't' test and found there is a significant difference in Systolic & Diastolic blood pressure and Vital capacity of Atya-Patya and Kho-Kho players.

Article Indexed in



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Review of the Article:

The present study focuses on Blood Pressure And Vital Capacity Of Atya-patya And Kho-kho Players. The introduction builds a logical case and context for the problem statement. The problem statement is clear and well articulated.

Abstract:

The abstract is complete, essential details are presented. The results in the abstract are presented in sufficient and specific detail. The conclusions in the abstract are justified by the information in the abstract and the text. There are no inconsistencies in detail between the abstract and the text.

Reference to the Literature and Documentation:

The literature review is up-to-date. The number of references are appropriate and their selection is judicious. The review of the literature is well integrated.

Research Design

The research design is defined and clearly described, and is sufficiently detailed to permit the study to be replicated.

Instrumentation, Data Collection:

The measurement instrument is appropriate given the study's variables; the scoring method is clearly defined. The data set is sufficiently described.

Data Analysis and Statistics:

Data analysis procedures are sufficiently described, and are sufficiently detailed. Statistical tests are appropriate

Presentation and Documentation:

The text is well written and easy to follow. The vocabulary is appropriate. The content is complete and fully congruent.

Scientific Conduct:

There are no instances of plagiarism. Ideas and materials of others are correctly attributed.

References:

References are mentioned in APA Style.

Overall the study is relevant to the mission of the journal or its audience.

SUMMARY OF ARTICLE

No.		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers	✓				
2.	Originally & Novelty of the ideas		✓			
3.	Importance of the proposed ideas	✓				
4.	Timelines		✓			
5.	Sufficient information to support the assertions made & conclusion drawn			✓		
6.	Quality of writing (Organization, Clarity, Accuracy Grammer)		✓			
7.	References & Citation (Up-to-date, Appropriate Sufficient)		✓			

FUTURE RESEARCH SCOPE:

1. Psycho-social and environmental aspects of activity engagement for vulnerable children.
2. Issues related to inclusion and competence in physical activity, recreation and sport for children with disabilities.
3. Issues related to disability and physical well-being.
4. The role of physical activity in cancer control including primary prevention, coping with treatments, rehabilitation after treatments.
5. Community-based physical activity promotion.

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