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**GRT** **A STUDY OF ADJUSTMENT AND EMOTIONAL MATURATION OF SINGLE PARENT COLLEGE STUDENTS ON THE BASIS OF FAMILY TYPE AND IT'S EFFECTIVENESS.**

**Prakash B. Darure**

Department of Psychology , Mahila Mahavidyalaya Karad.

**Abstract:-**The research includes adjustment and emotional maturation of single family students in family type and its effects. 40 college girls and 40 college boys from five colleges of Karad city are chosen for study.

To measure adaptation Dr. Sinha and Dr. Aishwaryasingh's while for measuring emotional maturation Dr Singh and Dr. Mahesh Bhargav's tests are being used to get conclusion.

**Keywords:** Adjustment and Emotional maturation ,Effectiveness.

**INTRODUCTION :**

Parents play a vital role in the emotional, social, economic development of college students. As a result they express affection for closer ones as well as become proud and introvert. According to critic G.H. Mode (1934) "Social interaction is very important, In it they imitate their parent and start interrespect themselves"

Adaptation means giving right treatment to internal and external simulants. Parents are very important for Adaptation. Kagan and moss opine that students have to be dependent on their parents in their adolescent stage of life. Parents inspire them to be self-reliant. They are made aware of their responsibilities to maintain their status in the society. Hofson and Penterson are of the opinion that "lovable behaviors of parents result in growing worthy and cooperative emotions among them".

Emotions are an integral part of human life. Hagmen is of the opinion that "Emotions are very powerful; their suppression makes human life painful. Their outbreak may cause destruction. So there is a desperate need to control the expression of emotions by keeping patience. Parents of children have to play vital role in this regards".

In the college life of students' parents are their idols. They inspire and guide them to achieving their goals. In this regard, single parent have to face more problems while upbringing their children. Single parent children though under mental, physical strain, love and respect their mother or father. Single parents and their children's bound to face many strains and stresses. This domestic problem is studied thoroughly by dividing families into two types- Joint or Nuclear. Relationship between inclusiveness/adaptation and emotional maturation is also studied.

**OBJECTIVES –**

- 1)To study the effect of joint and nuclear family type as an adjustment of student of a single parent student.
- 2)To student impact of emotional maturation in the children living in both family types.

**HYPOTHESIS-**

- 1)Adjustment ratio of single parent students living in nuclear families is more than joint families.
- 2)Emotional maturation of single parent students is less in joint families compared with nuclear families.

**RESEARCH METHODOLOGY –**

- 1) Sample – 40 boys and 40 girls of Arts, Commerce and science faculties studying in the five colleges of Karad city.
- 2) Instruments – Following psychological test will be conducted-

- i. Adaptation measurement category- Dr. Sinha and Dr. Aishwaryasingh.
- ii. Emotional maturation measurement Test- Dr. Singh and Dr. Mahesh Bhargav.

**Table 1**  
**Boys Comparative Adjustment score according to family type –**

Family type	No. of students	Mean	SD	T-value
Joint	40	40.1	12.43	0.28
Nuclear	40	39.35	11.85	

In table no. 1 percentage scope of both family types are compared. Adjustment score mean of the joint family male students score mean is 40.1 and standard deviation (SD) is 12.43. Adjustment score mean of the nuclear family male students score mean is 39.35 and standard deviation 11.85 and their T-value is 0.28. No significant difference in adjustment score is found in nuclear and joint families.

**Table 2**  
**Boys Comparative Emotional Maturation score according to family type-**

Family type	No of Students	Mean	SD	T-value
Joint	40	102.85	12.72	2.00
Nuclear	40	96.7	17.21	

In table no. 2 percentage scope of both family types are compared. Emotional maturation score mean of the joint family male students score is 102.85 and standard deviation (SD) is 12.72. Emotional maturation score mean of the nuclear family male students score mean is 96.7 and standard deviation 17.21 and their T-value is 2.00. Significant change is seen in the emotional maturation score of both family types. Emotional maturation in nuclear family is found to be more as compared to joint family.

**Table 3**  
**Girls Comparative Adjustment score according to family type –**

Family type	No of students	Mean	SD	T-value
Joint	40	41.12	2.34	1.53
Nuclear	40	37.2	9.97	

In table no. 3 percentage scope of both family types are compared. Adaptation score mean of the joint family male students score is 41.2 and standard deviation (SD) is 12.34. Emotional maturation score mean of the nuclear family male students score mean is 37.2 and standard deviation 9.97 and their T-value is 1.56. . No significant difference in adjustment score is found in nuclear and joint families.

**Table 4**  
**Girls Comparative Emotional maturation score according to family type-**

Family type	No of students	Mean	SD	T-value
Joint	40	96.82	13.16	0.31
Nuclear	40	96.87	15.7	

In table no. 4 percentage scope of both family types are compared. Adaptation score mean of the joint family male students score is 96.82 and standard deviation (SD) is 13.16. Emotional maturation score mean of the nuclear family male students score mean is 97.87 and standard deviation 15.7 and their T-value is 0.31. . No significant difference in emotional maturation score is found in nuclear and joint families.

**CONCLUSION –**

Adjustment and EM of the single parent college students is studied thoroughly in order to get following findings –

- 1.No significant change is observed between single parent students living in joint and nuclear family types.
- 2.EM level of the single parent girl students living in joint family type is higher than the single parent students living in nuclear families.
- 3.EM level of the single parent girl students living in the joint family type and nuclear family type.

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