



# Certificate

International Multidisciplinary Recognized Research Journal  
ISSN 2231-5063      Impact Factor 2.2052 (UIF)  
RNI: MAHMUL 2011/38887

## Golden Research Thoughts

This is to certify that our Editorial, Advisory, and Review Board Accepted Research Paper of Dr. /Shri. /Smt.: **Alfred Basumatary and Tarak Nath Pramanik** Topic:- **Impact Of Age And Sports Participation On Self Esteem Of Adolescent Boys** College:- **University of Delhi** . The Research paper is Original & Innovative it is Done Double Blind Peer Reviewed. Your Article is Published in The Month of **June** Year 2014



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## Article Review Report



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International Recognition Multidisciplinary Research Journal  
DOI Prefix : 10.9780      ISSN 2231-5063  
Journal DOI : 10.9780/22315063      Impact Factor : 2.2052 (UIF)

ORIGINAL ARTICLE		Your Article QR Code
Received : 15 <sup>th</sup> May .2014,	Published: 1 <sup>st</sup> June.2014	 See your article on Mobile
Vol. III, Issue : XII, June. 2014 <b>IMPACT OF AGE AND SPORTS PARTICIPATION ON SELF ESTEEM OF ADOLESCENT BOYS</b>		



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## ABSTRACT:

The purpose of the study was to see the impact of age and sports participation on self-esteem of adolescent boys. Total 200 adolescent boys were selected from various public schools of New Delhi where 100 boys have participated in sports and 100 boys have not participated in sports. Rosenberg Self Esteem Inventory (Rosenberg, 1965) was used as a criterion measure for self-esteem.

Abstract Report: The Title Accurately Said The Study was About.

## INTRODUCTION:

Self-esteem is a person's overall emotional evaluation of his or her own worth. It is a judgment of oneself as well as an attitude toward the self. Self-esteem encompasses beliefs and emotions such as triumph, despair, pride and shame. "The self-concept is what we think about the self; self-esteem is the positive or negative evaluations of the self, as in how we feel about it" (Smith & Mackie 2007). Brown (1998) reported that individuals with high self-esteem were happier with their lives, which resulted in fewer interpersonal problems and in a higher consistency of achievements.

Introduction Report: This Article Include Full Introduction, Methods, Results & Introduction Section.

## METHODS & MATERIALS:

For the purpose of the study total 200 adolescent boys were selected from various public schools of New Delhi where 100 boys have participated in sports and 100 boys have not participated in sports. Rosenberg Self Esteem Inventory (Rosenberg, 1965) was used as a criterion measure for self-esteem and it was administered to selected 200 students for filling the questionnaire in the month of February 2014. The age of the subject ranged between 16 to 19 years.

Methods & Materials Report: Tables/Boxes/Diagram & Images are Used to Explain Specific Points or Background Information. Figures That The Plotted Parameters are Clearly Mentioned.

## RESULT:

The data pertinent to Self-esteem of school boy students who have participated in sports and who have not participated in sports along with their age group have been computed with the help of software IBM SPSS Statistics-21 and presented in the Table No.1 and 2.

Result Report: Figures are Imported to Provide Explanation for Background Information. Conclusion of This Paper Clearly Supported Results.

## DISCUSSION:

In the present study we explored the impact of age and sports participation on self-esteem of adolescent boys. When we tested between different age groups; no significant difference was found in self-esteem. The insignificant difference found in their age group might be because it was only one year difference and they all belong to adolescent age group.

Discussion Report: The Text is Rounded off with a Conclusion that Discusses the Implication of The Findings & Ideas Discussed & Their Impact on Future Research Direction.

## REFERENCES:

- Brown, J. D. (1998). *The Self*. McGraw-Hill series in social psychology. New York, NY, US: McGraw-Hill. XIV: 353 pp.
- McHale, J. P., Vinden, P. G., Bush, L., Richer, D., Shaw, D., & Smith, B. (2005). Patterns of Personal and Social Adjustment Among Sport-Involved and Noninvolved Urban Middle-School Children. *Sociology of Sport Journal*, 22(2), 119-136.
- Slutzky, C. B., & Simpkins, S. D. (2009). The link between children's sport participation and self-esteem: Exploring the mediating role of sport self-concept. *Psychology of Sport & Exercise*, 10(3), 381-389.
- Smith, E. R.; Mackie, D. M. (2007). *Social Psychology* (Third ed.). Hove: Psychology Press. ISBN 978-1-84169-408-5

Reference Report: There are Places where the Author Alfred Basumatary and Tarak Nath Pramanik Need to Cite a Reference, but Have Not

## RECOMMENDATIONS:

Abstract Report: Introduce New Regular For Content & Communication.

## SUMMARY OF ARTICLE:

	Very	High	Average	Low	Very Low
1. Interest of the topic to the readers	✓				
2. Originally & Novelty of the ideas		✓			
3. Importance of the proposed ideas			✓		
4. Timelines		✓			
5. Sufficient information to support the assertions made & conclusion drawn					
6. Quality of writing (Organization, Clarity, Accuracy Grammar)	✓				
7. References & Citation (Up-to-date, Appropriate Sufficient)			✓		

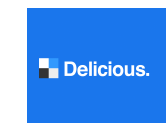
This Article is Innovative & Original, No Plagiarism Detected

## Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC



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- Fellowship for Post Doctoral (<http://academicprofile.org/Professor/FellowshipForPD.aspx>)
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